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山东美能达健身器材股份有限公司

Shandong Minolta Fitness Equipment Co.,Ltd

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**MND** 美能达

让未来现在就来  
Let Future Come Now!



**美能达**  
**产品手册**  
**Product Brochure**

**山东美能达健身器材股份有限公司**  
Shandong Minolta Fitness Equipment Co.,Ltd



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# 公司简介

## Corporate Profile

12 万平方米 ▶

120000 square meters factory site

11 大系列 ▶

11 series

400+ 规格 ▶

more than 400 models

山东美能达健身器材股份有限公司是一家专业从事研发、设计、生产、销售、服务为一体的综合健身器材生产厂家，成立于2010年，坐落于山东宁津银河开发区，拥有自主兴建的12万平方米的厂房，包括大型车间，全方位一流的展示厅和质量检测实验室等。



我公司拥有一批优秀的设计师 工程师，外贸和专业管理人才，通过不断的研究和引进国外先进技术，完善和改进工艺流程，严抓产品质量，我们公司的产品具有设计合理、样式新颖、美观耐用、不褪色、抗老化等特点。

公司现有十一大系列四百多个品种规格的健身器材。包括俱乐部纯商用跑步机、无动力跑步机、俱乐部专用力量健身器材系列、健身车、综合训练器、杠铃哑铃等，可满足不同客户群的需要。

美能达健身器材现已销往欧洲、南非、中东、南美及东南亚等一百多个国家和地区。





Shandong Minolta Fitness Equipment Co.,Ltd (MND FITNESS) is a comprehensive fitness equipment manufacturer specialized in R&D, Producing, Sales and After-service of gym equipment. Founded in 2010, MND FITNESS now is located in Yinhe Economic Development Zone, Ningjin County, Dezhou City, Shandong Province and has an autonomous construction of more than 120000 square meters site, including several large workshops, first-class Exhibition Hall and High standard Testing Lab.

In addition, MND FITNESS has a group of outstanding working staffs, such as Product Technical Engineers, Foreign Trade Salesman, and Professional Management Personnel. By continuous researching, development and introduction of foreign advanced technology, improving manufacturing process, strict control on product quality, our company is awarded by customers as the most reliable supplier. Our products is featured by reasonable outlook design, novel style, durable performance, never faded color and other characteristics.

The company now has 11 series of more than 400 models of fitness equipment, including club heavy commercial treadmill, self-powered treadmill and club dedicated strength series, exercise bikes, integrated multifunctional frame and racks, fitness accessories etc, all of this can meet different customer groups needs.

MND FITNESS products now are sold to more than 100 countries and regions of Europe, South America, Middle East, South Africa and Southeast Asia.

# MND- 有氧系列

## Commercial Treadmill MND-X600A/B

1. 本产品吸取国外高端设计灵感，造型整体大气美观，颠覆性的立柱设计结合实下最流行的创意元素，瞬间凸显该跑步机的尊贵与奢华。
2. 超宽铝合金立柱支撑中控台设计，为使用者提供了稳固可靠的工作平台。
3. 紧急制动开关配保险夹及系索，位于扶手前端下方的突出位置，便于操作者使用。紧急断电时可立即停止运行，安全可靠。手柄上设计的心率监控装置，实时检测使用者的心率情况，及时反馈用户理想的心率状态。
4. 中控台左侧的水壶架设计一分为二，既可以放置圆形水壶，方便使用者及时补充水分，还可以放置钥匙，会员卡等小物件，方便取用。中间位置设计的长形储物槽，可以置放手机，平板电脑等物品，边做运动边追剧，运动娱乐两不误。右边的置物槽则设计了无线充电功能，打消了使用者的充电烦恼。仪表台同时设计了快速直选按键，方便使用者对坡度和速度的快速选择，带给使用者不一样的使用体验。
5. 独有的显示屏下方的风扇设计，采用汽车级滚筒风扇，风量大，出风柔和，一键式开关，使用户在跑步同时体验了如沐春风的快感。
6. 本跑台采用高弹力硅胶减震系统，全新的设计理念，搭配加宽的跑板结构，使运动者在剧烈的运动环境下减小了膝盖的损伤。  
跑步面积：1630x600mm
7. 创新的一 3 度坡度设计，带来全新的坡度选择体验，用户可以更多样的进行模式选择。  
跑步速度：1—20km/h.
8. 本机器常规设定 9 种自动训练模式，操作方便，为不同要求的用户提供了多样的选择。
9. 电机方面采用 3HP 大功率电机，真正的高端商用跑步机，轻松荷载不同体重的用户。
10. 产品尺寸：2339\*924\*1652mm(LxWxH)
11. 净重：201 kg, 毛重：223kg
12. 最大承重：200kg





## MND- 有氧系列

### Commercial Treadmill MND-X600A/B

1. This product absorbs foreign high-end design inspiration, the overall shape is beautiful, subversive column design combined with the most popular creative elements, instantly highlights the treadmill's dignity and luxury.
2. The design of center console supported by ultra-wide aluminium alloy column provides a stable and reliable working platform for users.
3. The emergency brake switch is equipped with a safety clip and a tether, which is located in a prominent position below the front end of the armrest for easy use by the operator. It is safe and reliable to stop operation immediately when emergency power failure occurs. The heart rate monitoring device designed on the handle can detect the user's heart rate in real time and feedback the user's ideal heart rate state in time.
4. The design of the kettle rack on the left side of the central console is divided into two parts. It can not only place round kettles to facilitate users to replenish water in time, but also place keys, membership cards and other small items for easy access. The long storage tank designed in the middle position can hold mobile phones, tablets and other items, while doing sports while chasing dramas, sports and entertainment are both going on. On the right side of the slot, a wireless charging function is designed, which eliminates the user's charging worries. At the same time, the instrument table has designed a fast direct selection button, which facilitates users to choose slope and speed quickly, and brings users different experience.
5. Unique fan design under the display screen, using automobile-grade drum fan, large volume of wind, gentle wind, one-button switch, so that users can experience the pleasure of spring breeze while running.
6. The runway adopts a high elastic silica gel shock absorber system, a new design concept, with a widened runway structure, so that the athletes can reduce knee injury in the intense sports environment.  
Running area: 1630x600 mm.
7. Innovative -3 degree gradient design brings a brand-new experience of gradient selection, users can choose more modes.  
Running speed: 1-20 km/h.
8. The machine routinely sets nine automatic training modes and easy to operate, providing users with different requirements with a variety of choices.
9. The motor uses 3HP high-power motor, a real high-end commercial treadmill, easy to load users of different weights.
10. Product Dimensions: 2339\*924\*1652mm (LxWxH)
11. Net weight: 201 kg, gross weight: 223 kg
12. Maximum load: 200 kg



## MND- 有氧系列

Commercial Treadmill MND-X500A/B

1. 该产品引进北美全新设计理念，整体设计厚重稳定，结合高科技理念，彰显产品尊贵与豪华。X500-A 为按键版。
2. 新的框架设计使中控台极为稳定，为锻炼者提供稳固可靠的体验和安静舒适的使用感受。
3. 紧急制动开关附有保险夹和系索，紧急断电时可让跑步机停止运行。系索和保险夹可连接到位于扶手前端下部的突出部位，该位置非常方便锻炼者操作。
4. 两个水壶架将锻炼者的水壶收纳其中，使其稳定不晃动。搁物台能将锻炼者的手机安放妥当，将其保持在前部中央，留出足够的空间旋转钥匙、会员卡等。
5. 全新经改良的渐进式减震系统能吸收高冲击运动，并支持稳定要控的蹬地。
6. 升降支持 -3% 到 +15%，能够模拟各种地形；速度 1-20KM/h，满足客户各种需求。
7. 专门定制 9 种自动训练模式；
8. 电机使用连续功率 3HP 大功率电机 (220V, 60HZ, 9.8A)，轻松带动各种不同载荷。
9. 跑带尺寸 3325\*558mm(有效使用尺寸 1420\*558mm)
10. 产品尺寸：2110\*980\*1740 (长 \* 宽 \* 高)
11. 净重 158kg, 毛重 180kg
12. 最大承重：200kg

# MND- 有氧系列

## Commercial Treadmill MND-X500A/B

1. MND – X500A/B adopts new design idea of North America, which makes X500A/B more succinct, massive and steady. The perfect combination of several advanced technology highlights noble and luxury. X500-A is a button version
2. The new frame design makes the center console extremely stable, Providing a stable& reliable experience and quiet & comfortable use for exercise.
3. The emergency brake switch is equipped with a safety clip and a lanyard to stop the treadmill when the power is turned off. The lanyard and the safety clip can be attached to a protruding portion located at the lower portion of the front end of the armrest, which is very convenient for the exerciser to operate.
4. Two bottle cages will accommodate the exerciser's mobile phone in place and keep it in the center of the front, leaving enough room for keys, membership cards, etc.
5. The new and improved progressive damping system absorbs high impact motion and supports stable and controllable depressions.
6. Decline and Incline support -3% to +15%, capable of simulating various terrains; speed 1–20KM/h to meet various needs of customers.
7. Specialized 9 automatic training modes;
8. The motor uses continuous power 3H high-power motors(220V, 60HZ, 9.8A) to easily drive a variety of different loads.
9. Running belt size 3325\* 558mm (effective use size 1420\*558mm)
10. Product Dimensions: 2110\*980\* 1740 (length\*width\*height)
11. Net weight 158kg. gross weight 180kg
12. Maximum load: 200kg



# MND- 有氧系列

MND-X300 弧步训练器 (MND-300 Arc Trainer)



产品规格尺寸 : ( 长 \* 宽 \* 高 )1900\*980\*1650

产品名称 : X300A 弧步训练器 ( 三合一功能 )

阻力值 : 900 瓦 180 转 / 分钟

坡度段 : 20

步幅长度 : 61cm

最大承重 : 150KG

电源 : 自发电电机

程序 : 手动模式 + 自动模式

USB: 手机充电功能

心率 : 接触式。

功能 : 椭圆机、滑雪、攀爬



Product Size: (Long \* Wide \* High) 1900 \* 980\* 1650

Product Name: X300AArc Trainer(3 in 1 function)

Resistance Value: 900W 180rpm

Slope Section: 20

Step Length: 61cm

Maximum Loading Weight: 150KG

Power Supply: Self-generating

Program: Manual mode + Automatic mode

USB: Cell Phone Charging Function

Heart Rate: contact type.

Function: Elliptical, Skiing, Climbing



不论是初学者还是运动发烧友，我们的高端 X300A 弧步训练器采用自发电磁阻电机，步幅大小可调节让运动更快、更安全、更有成效。根据国外权威健身机构研究，它所燃烧的热量比椭圆机或交叉训练机等竞争者最多高出 16%。而膝盖压力减少 83%。肌肉耐力提高 38%。此外，它还能显著加强力量训练、心血管健康改善这款设备专为针对下肢、上肢训练以及全身攀爬的运动者而设计。

显示器程序设置为用户提供了一个便利的控制中心，该控制中心可设定锻炼计划。一个独立的控制中心，可自由选择锻炼程序。会员能轻松设置锻炼项目，为 iPad 或 iPhone 充电。

我们这款高端的弧步训练设备牢固可靠，保养成本低。经测试和验证的三合一机械，以实用简捷的设计，展现出我们高品质运动结构的性能和健康优势。这款高端弧步训练设备专为重视健康胜过虚饰的使用者和环境设计。我们这款设备能够提供减肥、力量、热量运动的完整选择。因此用一台机器就可满足初学者和高级运动员的不同需求，让您轻松享有健康。

我们的这款设备非常适合这些锻炼场所，如酒店、企业健身中心和家庭。这款设备能提供更广泛的坡度和阻力范围，毫不夸张地说，这一台器材就拥有三种器材的功能。在低坡度水平，像越野滑雪一样的滑行运动；在中坡度水平，像椭圆机一样的跨步运动；在高坡度水平，像台阶器一样的爬行运动。在任何一个坡度水平，传递着传统一样的卡路里消耗和安全性。

Whether it is beginners or sports enthusiasts, our highend X300A arc step traineruses a spontaneous reluctance motor, and the size of the step can be adjusted to make the movement faster, safer, and more effective. According to foreign authoritative fitness institutions, it burns up to 16 % more calories than competitors such as elliptical machines or crosstraining machines. The knee pressure decreased by 83 %. Muscle endurance increased by 38 %. In addition, it can also significantly enhance strength training, cardiovascular health improvement This device is designed for lower extremities, upper extremities training and fullbody climbing exercise.

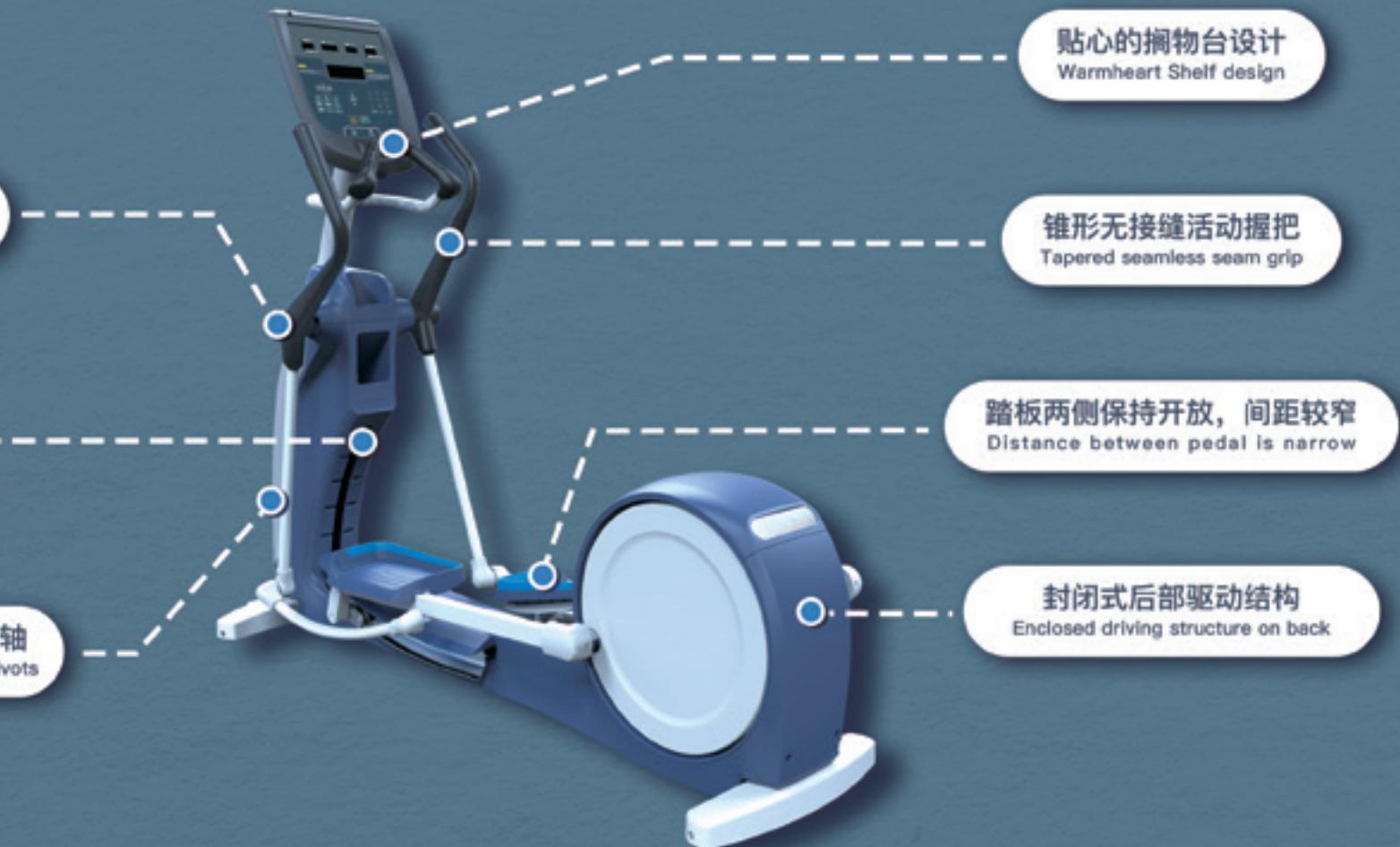
The display program setting provides the user with a convenient control center that can set up an exercise plan. An independent control center, free to choose the exercise program. Members can easily set up exercise programs to charge the iPad or iPhone.

Our highend arc training equipment is solid and reliable, with low maintenance costs. After testing and verification of the threeinone machinery, to practical and simple design,showing our highquality sports structure performance and health advantages. This highend arc training device is designed specifically for users and environments that value health over vanity. Our device offers complete options for weight loss, strength, and caloric exercise. Therefore, with a machine can meet the different needs of beginners and advanced athletes, so that you can easily enjoy health.

Our equipment is perfect for these exercise areas such as hotels, corporate fitness centers and families. The device offers a wider range of slopes and resistance, and it is no exaggeration to say that it has the function of having three devices in one device.Taxing like crosscountry skiing at low slope levels; A stepwise movement like an ellipsoidal machine at a medium slope level; At a high slope level, crawling like a stair. At any level of slope, the same traditional calorie consumption and safety are transmitted.

# MND- 有氧系列

MND-X400A 椭圆机 (MND-X400A Elliptical Machine)



自然步态坡度可调  
坡度可调 10° –35°  
20 种阻力级别  
重量 : 154 公斤  
电源: 自发电电机  
心率监测 : 有  
尺寸规格 (长 \* 宽 \* 高) : 203\*76\*183 厘米

Adjustable natural gait slope  
Adjustable slope 10° –35°  
20 resistance levels  
Weight: 154 kg  
Power Supply: Self-generating  
Heart rate monitoring: Yes  
Size:(length \* width \* height):203 \* 76 \* 183 cm

自然、低冲击的跨步运动和久经考验的可靠性让您在每次健身中受益，同时让您享受始终如一的可靠性和优异性能。MND-X400A 椭圆训练机，为您带来符合身体自然动作的缓冲健步运动体验，让您更多地从健身中收益。

自然步态坡度可调，用户可在  $10^{\circ}$  –  $35^{\circ}$  度的范围调节坡度，针对下半身的特定肌肉群进行独立或交叉训练，轻松实现锻炼目标。

新的自然步态坡度可调设计可以更好地模拟人行走和奔跑时的自然步态运动路径。

易于维护，MND-X400A 易于清洁和维护，传承了始终如一的可靠性和贴心服务。

活动状态指示灯为延长使用寿命，设备安装了外部状态指示灯。有了这个指示灯您和您的工作人员能对椭圆训练机的运行状态一目了然，并清楚应在何时对设备进行维护保养。

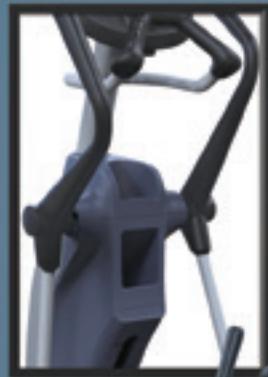
Natural, low-impact stride exercise and proven reliability benefit you from every workout, while allowing you to enjoy consistent reliability and superior performance. The MND-X400A elliptical training machine provides you with a cushioning exercise experience that matches the natural movements of the body and allows you to benefit more from your fitness.

The natural gait slope is adjustable, and the user can adjust the slope at a range of  $10^{\circ}$  –  $35^{\circ}$ , and conduct independent or crosstraining for specific muscle groups in the lower body to easily achieve the exercise goal.

The new adjustable gradient design of natural gait can better simulate the natural gait movement path during walking and running.

Easy to maintain, MND-X400A is easy to clean and maintain, inheriting consistent reliability and thoughtful service.

In order to extend the service life of the active state indicator, the equipment is equipped with an external state indicator. With this indicator light, you and your staff can see clearly the operating status of the elliptical trainer and know when the equipment should be maintained.



# MND- 有氧系列

MND-Y500 系列自动力跑步机  
Y500 Series Self-propelled Treadmill

**MND-Y500A**  
无动力跑步机

Self-propelled Treadmill MND-Y500A



**MND-Y500B**  
无动力跑步机

Self-propelled Treadmill MND-Y500B

1. 运动模式 : 1~8 档。2 种运动模式
2. 制动模式 : 磁铁阻力调节
3. 跑带 : 2.2 超低摩擦系数跑带
4. 跑步机尺寸 : 2120\*900\*1350mm
5. 跑带尺寸 : 3325\* 558mm
6. 驱动类型 : 机械
7. 限速范围 : 0~20km/h
8. 跑步面积 : 1420\* 558mm
9. 最大承重 : 200kg
10. 净重 : 135kg
11. 包装尺寸 : 2250\*1000\*730mm
12. 毛重 : 242kg

1. Sports mode: From level 1 to level 8.2 different sports mode.
2. Braking mode: Magnet resistance adjustment.
3. Belt type: 2.2 mm Ultra low friction coefficient running belt.
4. Machine Size: 2120\*900\*1350mm
5. Running belt size: 3325\* 558mm
6. Drive type: mechanical
7. Speed: 0~20km
8. Effective use of size: 1420\* 558mm
9. Maximum Load: 200kg
10. Net weight: 135kg
11. Packing size: 2250\*1000\* 730mm
12. Gross weight: 242kg

# MND- 有氧系列

MND-WARRIOR 系列垂直攀爬机  
Warrior Series Vertical Climber

## MND-Warrior100

手动式垂直攀爬机

Manual Vertical Climbing Machine



1. 型号 : MND-Warrior 100
- 2 品牌 : MND Fitness
3. 名称 : 攀爬机 Climber
4. 产品重量 : 150KG
5. 产品尺寸 : 1095\* 1051\*2422mm
6. 管型 : 方管 50\*1000\*2.5mm
7. 舒展角度 : 70°
8. 攀爬步幅 : 540mm
9. 安全承重范围 : 120KG

### 10.特点:

攀爬机的锻炼可以节省你宝贵的时间，同时提供最有效的脂肪和热量的锻炼。研究证明，与跑步机、椭圆机、步进器和自行车相比，在 15 分钟内，攀爬机锻炼可以燃烧更多的脂肪和卡路里。当你想要减肥，减掉多余的体重，建立更健康的心脏时，攀爬机是最有效、最完整、最全面的有氧运动设备。

- 1.Model: MND-Warrior100
2. Brand: MND Fitness
- 3.Name: Climber machine
- 4.Product weight: 150kgs
- 5.Length/width/Height: 1095\* 1051\*2422mm
- 6.Steel tube size: Square tube 50\* 1000\* 2.5mm
- 7.Climbing angles: 70°
- 8.Feet climbing height: 540mm
- 9.Safe Max load: 120kg

### 10.Character:

Climber workout saves you valuable time while delivering the most effective fat and calorie burning workout available. Studies have proven a Climber workout burns more fat and calories in 15 min than Treadmills, Ellipticals, Steppers, and Bikes. When it comes to getting in shape, dropping unwanted pounds and building a stronger healthier heart, Climber offers the most effective, complete, total body work out available of any cardio equipment.

1. 型号 : MND-Warrior 200
2. 品牌 : MND Fitness
3. 名称 : 攀爬机
4. 产品重量 : 150KG
5. 产品尺寸 : 1051\*1100\*2500mm
6. 管材材质 : 钢
7. 攀爬角度 : 75°
8. 攀爬步幅 : 540mm
9. 安全承重范围 : 120KG
10. 阻力可调节 : 20 个档位
11. 输入电源电压 : AC220V ± 10%
12. 电源线规格 : 10A AC250V
13. 时间显示范围 : 0: 00~99: 59
14. 高度显示范围 : 0.00~ 999.9m
15. 热量显示范围 : 0~ 999 (Kcal)
16. 台阶数显示范围 : 0~ 9999

- 1.Model: MND –Warrior 200
- 2.Brand: MND Fitness
- 3.Name: Climbing Machine
- 4.Product Weight: 150KG
- 5.Product Size: 1051\*1100\*2500mm
- 6.Pipe Material: steel
- 7.Climbing Angle: 75°
- 8.Stride Distance: 540mm
- 9.Safe Max Load: 120KG
- 10.The Resistance Can Be Adjusted: 20 stalls
- 11.input Power Supply Voltage: AC220V ± 10%
12. Power Cord Specifications: 10A AC250V
- 13.Time Display Range: 0:00 ~99:59
- 14.Height Display Range: 0.00 999.9m
- 15.Heat Display Range: 0~ 999(Kcal)
- 16.The Number of Steps Display Range: 0~9999



## MND–Warrior200

动力式垂直攀爬机

Motorized Vertical Climbing Machine

# MND- 有氧系列

MND-Y600 无动力跑步机

MND-Y600 Non-motorized Treadmill



**MND-Y600A**

无动力跑步机

Non-motorized Treadmill



**MND-Y600B**

无动力跑步机

Non-motorized Treadmill

1. 运动模式 : 1-8 档调节。
  2. 制动模式 : 磁控阻力调节。
  3. 跑带 : 履带式, 铝合金骨架或高强尼龙骨架可选
  4. 跑步机尺寸 : 1850\*860\*1580mm
  5. 跑带尺寸 : 3600\*480mm
  6. 驱动方式 : 重力驱动
  7. 限速范围 : 0-20km/h
  8. 跑步面积 : 1500\*430mm
  9. 最大承重 : 180kg
  10. 净重 : 165kg (铝带) : 140kg (高强尼龙)
  11. 毛重 : 185kg (铝带) : 160kg (高强尼龙)
  12. 包装尺寸 : 1800\*1000\* 560mm
- 
1. Motion mode: 1-8 levels adjustment
  2. Braking mode: magnetic resistance adjustment
  3. Running Belt: crawler -type Belt; Aluminum Alloy Frame3. Running Belt: crawler -type Belt; Aluminum Alloy Frame work or High Strength Nylon Framework is optional
  4. Running machine size: 1850\*860\* 1580mm
  5. Running belt size: 3600\*480mm
  6. Drive mode: gravity driven
  7. Speed limit: 0 – 20 km/h
  8. Running area: 1500\*430mm
  9. Maximum user weight: 180 kg
  10. Net weight: 165 kg (aluminium strip): 140 kg (high strength nylon)
  11. Gross weight: 185kg (aluminium strip): 160kg (high strength nylon)
  12. Packaging size: 1800\*1000\*560mm

# MND- 有氧系列

MND-X200 楼梯机训练器  
MND-X200 Stair trainer



- 1. 占地面积 : 1510\*845\*2090mm
- 2. 台阶高度 : 210mm
- 3. 台阶有效宽度 : 560mm
- 4. 器械净重 : 206KG
- 5. 驱动方式 : 电机驱动
- 6. 电机规格 : AC220V- -2HP 50HZ
- 7. 功能显示 : 时间、攀登高度、卡路里、步数、心率。

- 1. Space Floor: 1510\*845\* 2090mm
- 2. Step height: 210 mm
- 3. Step effective width: 560mm
- 4. Net weight of instrument: 206KG
- 5. Drive mode: motor driven.
- 6. Motor Specification: AC220V- -2HP 50HZ
- 7. Functional Display: Time, Climbing Height, Calories, Steps, Heart Rate

# MND- 有氧系列

MND- 动感单车

MND-Spinning Bike



## MND-D12 动感单车 (Spinning Bike)

该单车使锻炼者全身都会参与运动，并获得真正有动力且可调整的运动体验。同时改善了身形贴合度、健身体验及使用寿命，可让锻炼者获得梦寐以求的骑行体验。

The bicycle let the exerciser's whole body fully participate in sports and gains a truly dynamic and adjustable exercise experience. At the same time, it improved physical fit, fitness experience and service life, allowing exercise people to enjoy the dreamed riding experience.



## MND-D13 风扇单车 (Commercial Air Bike)

该健身车具备灵活的个性化调整功能，锻炼者既可以在低强度项目中保持目标心率，也可以快速切换到具有挑战性的高强度间歇训练。

The bike has flexible personalization, allowing the trainer to maintain the target heart rate in low-intensity projects and also can switch quickly to the challenging high intensity intermittent training.



## MND-D14 动感单车 (Spinning Bike)

该产品采用坚固耐用的设计，配备经过检验的链条传动系统和高强度的曲轴，可提供出色的强度和耐用性，满足所有锻炼者的需要。

The product adopts strong and durable design and is equipped with a certified chain driven system and high strength crankshaft, can provide excellent strength and durability, to meet the needs of all exercisers.

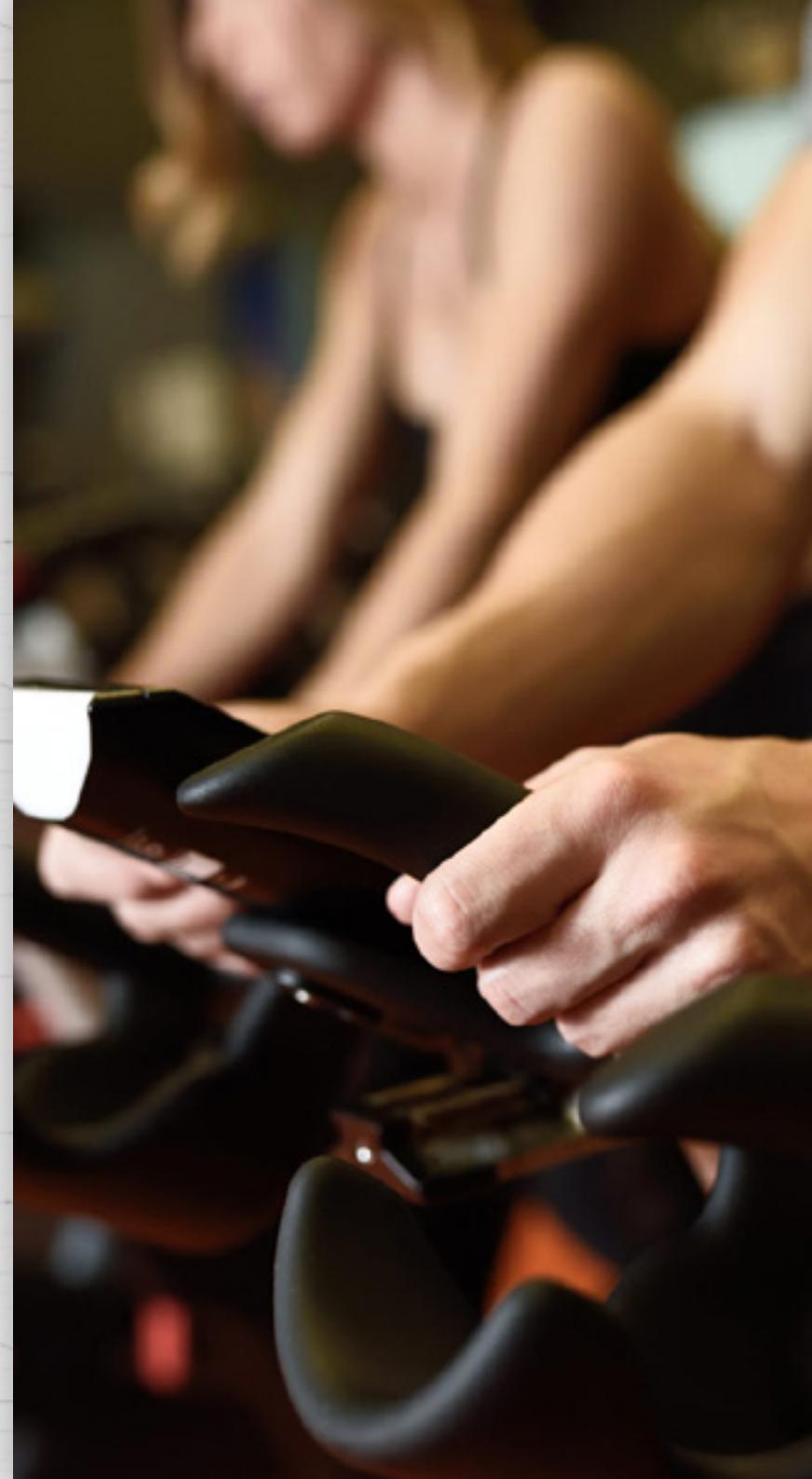


## MND-D15 磁阻力调节动感单车 (Magnetic Spinning Bike)

该单车零接触档位无极磁力加阻，随心所欲调节阻力，丝滑顺畅，无限劲爽，给你带来前所未有的骑行感受，无极变阻随意调节，总能找到您合适的阻力点。

The zero contact gear and poleless magnetic drag of the bicycle is free of extreme magnetic resistance and it can adjust the resistance at will.

It brings you unprecedented riding feelings, and its poleless resistance device can freely adjust, by which can bring you suitable resistance level.



# MND- 有氧系列

MND-D12 动感单车

MND-D12 Spinning Bike



- ① 踏板安装采用莫氏锥度，配合更加紧密，不易损坏；
- ② 驱动方式多楔带方案；
- ③ 都采用 19.5 公斤 (43 磅) 外围加重型飞轮。增加飞轮外围的重量可增大惯量，有助于单车实现平滑、流畅的运动，提供相较于任何其它健身车而言更贴近室外骑行的体验；
- ④ 采用空气动力学和圆形设计，有利于排汗，且便于清洁和维护。所有的铝质调节拉伸体及加盖的后稳定器确保最需要防锈的部位不会生锈；
- ⑤ 超大尺寸的钢架，整体防腐性更好，外观和刚度得到提升；配有机前后手柄调节和防腐性更强的铝制稳定器。
- ⑥ 器械尺寸和重量：  
长 + 宽 + 高 : 1473\*520\*1270  
重量 : 63.5KG

- ① The pedal installation adopts Mohs taper, which is more closely coordinated and not easily damaged;
- ② Drive multiwedge belt scheme;
- ③ All use 19.5 kilograms ( 43 pounds ) of peripheral plus heavy flywheels. Add flywheel the weight of theperiphery can increase the inertia and help the bicycle to achieve smooth and smooth exercise ,offering outdoorrides closer to any other fitness car experience;
- ④ Aerodynamics and circular design, conducive to perspiration, and easy to clear cleansing and maintenance.All aluminum adjustable extenders and stamped post stabilizers the parts that need most rust protection will not rust;
- ⑤ Oversized steel frame, better overall corrosion resistance, appearance and stiffness obtained promotion;Equipped with front and rear handle adjustment and stronger anticorrosion aluminum stabilizer.
- ⑥ Device size and weight:  
Length + width + height: 1473\* 520\* 1270  
Weight: 63.5 KG

# MND- 有氧系列

MND-D13 风扇单车

MND-D13 Commercial Air Bike



型号 : MND-D13

品牌 : MND Fitness

名称 : 风扇单车

产品重量 : 60KG

产品组装尺寸 : 1375\*665\*1510mm

管型 : 平椭圆管 97\*40\*2.5mm

特点 : 这款车的优点在于它可以为初学者、康复运动员或经验丰富的职业运动员提供最高水平的竞技训练

- ① 数显屏 : 卡路里一心率 (具有蓝牙功能可配心率带) — 距离—时间—里程表—间隔训练
- ② 重型钢框架消除了侧向移动
- ③ 25 英寸直径钢风扇
- ④ 混合座椅与多种调节选项
- ⑤ 工业粉末涂料, 经久耐用
- ⑥ 加强踏板和曲柄
- ⑦ 10 个密封的盒式轴承, 用于每个支点

Model: MND-D13

Brand: MND Fitness

Name: Commercial Air Bike

Product weight: 60kgs

Length/width/Height: 1375\*665\*1510mm

Steel tube size: Flat Oval tube 97\*40\*2.5mm

Character: The great thing about the Airbike is that it can work for a beginner,a rehabbing athlete, or a seasoned pro training at the highest levels of competition.

- ① Digital Display: Calories–Heart Rate( Blue tooth with heart rate Monitor)– Distance – Time – Odometer interval Training.
- ② Heavy Duty Steel Frame eliminates side-to-side movement.
- ③ 25" diameter Steel Fan.
- ④ Hybrid seat with multi-adjustment options.
- ⑤ Industrial powder coating for durability.
- ⑥ Reinforced pedals and crank
- ⑦ 10 sealed cartridge bearings,utilized in every pivot.

# MND- 有氧系列

MND-D14 动感单车

MND-D14 Spinning Bike



- ① 踏板安装采用莫氏锥度，配合更加紧密，不易损坏；
- ② 驱动方式多楔带方案；
- ③ 都采用 19.5 公斤 (43 磅) 外围加重型飞轮。增加飞轮外围的重量可增大惯量，有助于单车实现平滑、流畅的运动，提供相较于任何其它健身车而言更贴近室外骑行的体验；
- ④ 采用空气动力学和圆形设计，有利于排汗，且便于清洁和维护。所有的铝质调节拉伸体及加盖的后稳定器确保最需要防锈的部位不会生锈；
- ⑤ 超大尺寸的钢架，整体防腐性更好，外观和刚度得到提升；配有前后手柄调节和防腐性更强的铝制稳定器。
- ⑥ 器械尺寸和重量：  
长 + 宽 + 高 : 1473\*520\*1270  
重量 : 63.5KG

- ① Pedal installation using Msing Mohs taper, with more closely, not easy to be damaged;
- ② Drive Mode Multiwedge Belt Scheme;
- ③ All use 19.5kg(43lb)external heavier flywheel; Increasing the weight of the flywheel outer ring increases the inertia, helps the bicycle to achieve a smooth movement, providing an experience that is closer to outdoor cycling than any other exercise biker;
- ④ Aerodynamics and round design is conducive to perspiration, and easy to clean and maintain. All the aluminum adjustable parts and the post-stabilizer can ensure rust-proof parts;
- ⑤ Large size steel frame is better to make sure the overall corrosion resistance, appearance and stiffness can be improved; it with front, rear handle adjustment and corrosion resistance of the aluminum stabilizer.
- ⑥ Device size and weight:  
Long + width + height: 1473\* 520\* 1270mm  
Weight: 63.5 KG

# MND- 有氧系列

MND-D15 磁阻力调节动感单车

MND-D15 Magnetic Resistance Spinning Bike



#### 特点:

1. 磁控阻力调节动感单车，皮带防打滑技术，皮带传动超静音，皮带松紧无须拆卸即可调节；
2. 零接触档位无极磁力加阻，随心所欲调节阻力，丝滑顺畅，无限劲爽，给你带来前所未有的骑行感受；
3. 无极变阻随意调节，总能找到您合适的阻力点。

#### Character:

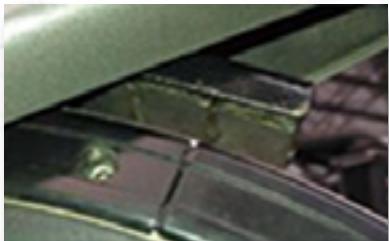
1. Magnetic resistance adjustment dynamic bicycle, belt antiskid technology,Pidaichuandong supersilent, belt loose need not be removed Loading can be adjusted;
2. Brake pads do not contact the flywheel, arbitrary adjustment of resistance,smooth silky,infinite strength,to bring you unprecedented riding experience.
3. Free adjustment without limit resistance, always find the right resistance point for you.

#### 其他特点:

- ① 终身免维护，无须更换刹车片；
- ② 把手和坐垫均可前后、上下调节，满足不同身高身形用户和不同骑行方式，各部位调节均配有刻度提示；
- ③ 把手和坐垫调节部位均采用铝合金材质，防止生锈；
- ④ 皮革坐垫使用高弹力、高密度泡棉，耐磨损、质地柔软，减少长期坐姿带来的疼痛感；
- 5 单车净重达 60KG，整体更稳固，更安全；
- 6 器械尺寸：长 + 宽 + 高：1473\*520\*1270

#### Other Character:

- ① Lifetime Maintenance-free, no need to replace the brake pads.
- ② Handles andcushions can be adjusted back and forth,up and down, to meet users of different heights and different riding modes. The adjustment of each part is equipped with calibration tips.
- ③ The handle and adjustment parts of cushion are made of aluminum alloy material to prevent rust.
- ④ Leather cushions use high elasticity, high density foam, wear resistance,soft texture, reduce the pain caused by long-term sitting.
- 5 N.W: 60KG, Overall more solid, safer.
- 6 Product Size: L\*W\*H: 1473\*520\*1270.



### 磁控系统

飞轮盘与磁盘不接触  
零接触刹车  
零接触档位阻力调节



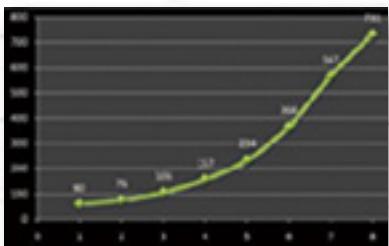
### 8块磁铁均衡控制

磁控组与飞盘之间产生的力  
是 N-S 级决定的，  
力度均衡且顺滑；

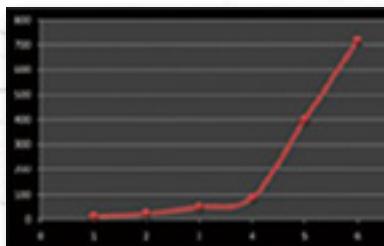
**磁控阻力刹车，刹车片和飞轮零接触防抱死有效保护膝盖，不会对人体造成伤害**

The brake pads do not contact the flywheel, anti-lock. Effectively protect knees and do not cause injury to human body

### 动感单车研究：磁控与传统摩擦方式的骑行感受差异分析



磁控系统



传统摩擦方式

### 磁阻和摩擦阻力之间的骑行感受对比

The comparison of riding feelings between magnetic resistance and friction resistance.



磁控系统刹车片，零接触刹车，无需维护刹车顺畅



需要维护的刹车片，易磨损，刹车不稳定顿挫感强

### 普通单车刹车片和磁控动感单车刹车片对比

Comparison between ordinary brake pad and the magnetic braking.

有氧系列产品

Cardio Series



**MND-D01**

动感单车 Spinning Bike

Size:1120\*500\*1120mm

Machine Weight:60kg

**MND-D07**

动感单车 Lesmill Spinning Bike

Size:1030\*580\*1140mm

Machine Weight:68kg

**MND-D08**

动感单车 Lesmill Spinning Bike

Size:1050\*580\*1140mm

Machine Weight:70kg

**MND-WGQX-JSC-04**

立式健身车 Upright Bike

Size:1110\*560\*1480mm

Machine Weight:65kg

**MND-WGQX-JSC-05**

卧式健身车 Recumbent Bike

Size:1600\*620\*1280mm

Machine Weight:80kg

**MND-C03**

立式健身车 Upright bike

Size:1090\*600\*1480mm

Machine Weight:45kg

**MND-C04**

卧式健身车 Recumbent Bike

Size:1090\*600\*1480mm

Machine Weight:57.3kg

**MND-C01**

踏步机（登山机）Stepper

Size:1250\*760\*1600mm

Machine Weight:66kg



### MND-ZF-9200

商用椭圆机 Elliptical

Size:2100\*760\*1820mm

Machine Weight:100kg



### MND-B03

椭圆机 Elliptical

Size:2070\*780\*1690mm

Machine Weight:81.7kg



### MND-EM7400B

可折叠水阻划船器

Foldable Wooden Water Rower

Size:205\*52\*56mm

Machine Weight:28kg



### MND-W2

水阻划船机 (木质)

Commercial Wooden Water Rower

Size:2340\*520\*950mm

Machine Weight:40kg



### MND-C08

风阻力划船机 Air Rower

Size:2440\*610\*360mm

Machine Weight:27kg



### MND-X005

滑雪机 Skiing Machine

Size:1300\*600\*2140mm

Machine Weight:38kg



### WGQX-FZDC-01

C2 风阻单车 Air Resistance Bike

Size:1100\*550\*1150mm

Machine Weight:75kg



### MND-TXD180

卷腹机 AB Coaster

Size:1600\*1450\*720mm

Machine Weight:40kg



### MND-X001

提膝架 Knee Lifting rack

Size:1600\*1200\*300mm

Machine Weight:50kg/60kg



### MND-JG-6600

负重坦克车 Tank Sled

Size:1130\*750\*1070mm

Machine Weight:120kg



### MND-R001

迷你无动力跑步机 Mini Self Powered Treadmill

Size:1210\*680\*1125mm

Machine Weight:40kg



### MND-A1

筋膜枪 Massage Gun

Size:242\*65\*177mm

Machine Weight:1kg



# MND-FH 系列产品

## MND-FH Series



训练指南 Instructional Placard

大尺寸图示简明易懂，让锻炼者对训练各部位肌群轻松入门、一目了然  
Clear and concise muscle target makes it easier for trainers to know and learn



调节器 Adjustments

训练时根据自身情况需要进行调节人性化的设计  
Humanization design adjustment. Trainers can adjust the position according to personal body condition



饰面 Upholstery

PU 材质靠垫透气排汗舒适防滑  
PU leather cushion, air permeability, sweating, comfort and anti-skid



6mm 加粗钢丝绳 6mm Thick Steel Cable

器械钢丝绳均采用 6mm 加粗钢丝绳，结实耐用更安全  
Fitness equipment uses 6mm thick steel cable, which is more durable and safer

**MND-FH01**

俯卧屈腿训练器 Prone Leg Curl

Size:1509\*1077\*1549mm

Machine Weight:256kg

Weight Stack:100kg

**MND-FH02**

坐式伸腿训练器 Leg Extension

Size:1324\*1231\*1549mm

Machine Weight:264kg

Weight Stack:100kg

**MND-FH03**

坐式蹬腿训练器 Leg Press

Size:1962\*1089\*1549mm

Machine Weight:270kg

Weight Stack:115kg

**MND-FH05**

推肩训练器 Lateral Raise

Size:1262\*1182\*1549mm

Machine Weight:227kg

Weight Stack:70kg

**MND-FH06**

肩部推举训练器 Shoulder Press

Size:1324\*1297\*1549mm

Machine Weight:249kg

Weight Stack:100kg

**MND-FH07**

反飞鸟训练器 Pearl Delt/Pec Fly

Size:1455\*1072\*2095mm

Machine Weight:237kg

Weight Stack:100kg

**MND-FH08**

坐式推胸训练器 Vertical Press

Size:1425\*1393\*1549mm

Machine Weight:248kg

Weight Stack:100kg

**MND-FH09**

单双杠训练器 Dip/Chin Assist

Size:1685\*1123\*2426mm

Machine Weight:314kg

Weight Stack:100kg



### MND-FH10

分动式推胸训练器

Split Push Chest Trainer

Size:1534\*1283\*1858mm

Machine Weight:267kg

Weight Stack:100kg



### MND-FH16

大飞鸟训练器 Cable Crossover

Size:4262\*712\*2360mm

Machine Weight:325kg

Weight Stack:70kg\*2



### MND-FH17

双臂机训练器 FTS Glide

Size:1890\*1040\*2300mm

Machine Weight:396kg

Weight Stack:70\*2kg



### MND-FH18

转体训练器 Rotary Torso

Size:1347\*1336\*1549mm

Machine Weight:237kg

Weight Stack:70kg



### MND-FH19

腹部前屈训练器 Abdominal Machine

Size:1328\*1290\*1549mm

Machine Weight:250kg

Weight Stack:70kg



### MND-FH20

分动式肩部推举训练器

Split Shoulder Lifting Trainer

Size:1480\*1267\*1549mm

Machine Weight:256kg

Weight Stack:100kg



### MND-FH23

坐式曲腿训练器 Seated Leg Curl

Size:1601\*1235\*1549mm

Machine Weight:217kg

Weight Stack:70kg



### MND-FH24

后抬腿训练器 Glute Isolator

Size:1353\*950\*1549mm

Machine Weight:209kg

Weight Stack:70kg

**MND-FH25**

大腿内外侧训练器

Abductor/Adductor Trainer

Size:1481\*826\*1549mm

Machine Weight:239kg

Weight Stack:70kg

**MND-FH26**

三头下压 Seated Dip

Size:1286\*1152\*1549mm

Machine Weight:223kg

Weight Stack:85kg

**MND-FH28**

45 度三头肌训练器

Triceps Extension

Size:1234\*1182\*1549mm

Machine Weight:221kg

Weight Stack:70kg

**MND-FH29**

分动式高拉训练器

Split High Pull Trainer

Size:1542\*1178\*2054mm

Machine Weight:282kg

Weight Stack:100kg

**MND-FH30**

45 度二头肌训练器

45 Degree Camber Curl

Size:1252\*1231\*1549mm

Machine Weight:207kg

Weight Stack:70kg

**MND-FH31**

腰部后压训练器

Back Extension

Size:1334\*1062\*1549mm

Machine Weight:237kg

Weight Stack:100kg

**MND-FH33**

坐式低拉背训练器

Seated Low Row

Size:1455\*1154\*1819mm

Machine Weight:243kg

Weight Stack:85kg

**MND-FH34**

双位拉背训练器 Seated Row

Size:1305\*1265\*1549mm

Machine Weight:233kg

Weight Stack:100kg



### MND-FH35

坐式下拉训练器 Pulldown

Size:1701\*1452\*1934mm

Machine Weight:267kg

Weight Stack:100kg



### MND-FH93

坐式小腿训练器 Seated Calf

Size:1332\*1065\*1549mm

Machine Weight:205kg

Weight Stack:70kg



### MND-FH85

腰腹训练器 Abdominal/Back Extension

Size:1165\*1115\*1550mm

Machine Weight:225kg

Weight Stack:70kg



### MND-FH86

二头肌三头肌训练器 Biceps/Triceps

Size:1590\*1320\*2230mm

Machine Weight:230kg

Weight Stack:70kg



### MND-FH87

伸屈腿训练器 Leg Extension/Curl

Size:1400\*1255\*1550mm

Machine Weight:261kg

Weight Stack:70kg



### MND-FH88

胸部 / 肩部训练器 Chest/Shoulder Press

Size:2315\*1505\*1550mm

Machine Weight:264kg

Weight Stack:70kg



### MND-FH89

高低拉训练器 Pull Down/Long Pull

Size:1610\*1425\*2150mm

Machine Weight:268kg

Weight Stack:70kg



# MND-FF 系列产品

## MND-FF Series



训练指南 Instructional Placard

大尺寸图示简明易懂，让锻炼者对训练各部位肌群轻松入门、一目了然。  
Clear and concise muscle target makes it easier for trainers to know and learn.



调节器 Adjustments

训练时根据自身情况需要进行调节人性化的设计。  
Humanization design adjustment. Trainers can adjust the position according to personal body condition



踏板 Footboard

不锈钢拉丝工艺，镂空脚踏板，防滑耐磨，  
样式大气美观  
Stainless Steel Wire Drawing Hollow Pedal, Anti-Skid and Wear-Resistant, Looks Elegant



饰面 Upholstery

PU 材质靠垫透气排汗舒适防滑  
PU leather cushion, air permeability, sweating, comfort and anti-skid

**MND-FF01**

俯卧曲腿训练器 Prone Leg Curl

Size:1516\*1097\*1500mm

Machine Weight:230kg

Weight Stack:100kg

**MND-FF02**

坐式伸腿训练器 Leg Extension

Size:1372\*1252\*1500mm

Machine Weight:238kg

Weight Stack:100kg

**MND-FF03**

坐式蹬腿训练器 Leg Press

Size:1969\*1125\*1500mm

Machine Weight:245kg

Weight Stack:115kg

**MND-FF05**

推肩训练器 Lateral Raise

Size:1287\*1245\*1500mm

Machine Weight:202kg

Weight Stack:70kg

**MND-FF06**

肩部推举训练器 Shoulder Press

Size:1505\*1345\*1500mm

Machine Weight:223kg

Weight Stack:100kg

**MND-FF07**

反飞鸟训练器 Rear Delt/Pec Fly

Size:1349\*1018\*2095mm

Machine Weight:212kg

Weight Stack:100kg

**MND-FF08**

坐式推胸训练器 Vertical Press

Size:1426\*1412\*1500mm

Machine Weight:223kg

Weight Stack:100kg

**MND-FF09**

单双杠训练器 Dip/Chin Assist

Size:1812\*1129\*2214mm

Machine Weight:279kg

Weight Stack:100kg



### MND-FF10

分动式推胸训练器

Iso-lateral Chest Press

Size:1544\*1297\*1859mm

Machine Weight:241kg

Weight Stack:100kg



### MND-FF17

双臂机训练器 Functional Trainer

Size:1890\*1040\*2300mm

Machine Weight:197kg

Weight Stack:70\*2kg



### MND-FF18

转体训练器 Rotary Torso

Size:1287\*1245\*1500mm

Machine Weight:202kg

Weight Stack:70kg



### MND-FF19

腹肌训练器 Abdominal Machine

Size:1336\*1294\*1500mm

Machine Weight:225kg

Weight Stack:70kg



### MND-FF20

分动式肩部推举训练器

Split Shoulder Lifting Trainer

Size:1500\*1408\*1547mm

Machine Weight:230kg

Weight Stack:100kg



### MND-FF23

坐式曲腿训练器 Leg Curl

Size:1658\*1252\*1500mm

Machine Weight:191kg

Weight Stack:70kg



### MND-FF24

后抬腿训练器 Glute Isolator

Size:1337\*1013\*1500mm

Machine Weight:183kg

Weight Stack:70kg



### MND-FF25

大腿内外侧训练器

Adductor/Abductor

Size:1679\*746\*1500mm

Machine Weight:214kg

Weight Stack:100kg

**MND-FF26**

三头下压训练器 Seated Dip  
Size:1207\*1191\*1500mm  
Machine Weight:197kg  
Weight Stack:85kg

**MND-FF28**

45 度三头肌训练器  
45 Degree Triceps Triceps Extension  
Size:3487\*1257\*1500mm  
Machine Weight:195kg  
Weight Stack:70kg

**MND-FF29**

分动式高拉训练器  
Split High Pull Trainer  
Size:1540\*1200\*2055mm  
Machine Weight:256kg  
Weight Stack:100kg

**MND-FF30**

45 度二头肌训练器  
45 Degree Camber Curl  
Size:1464\*1252\*1500mm  
Machine Weight:181kg  
Weight Stack:70kg

**MND-FF31**

腰部后压训练器 Back Extension  
Size:1257\*1084\*1500mm  
Machine Weight:211kg  
Weight Stack:100kg

**MND-FF33**

坐式低拉背训练器 Long Pull  
Size:2036\*1167\*1500mm  
Machine Weight:208kg  
Weight Stack:85kg

**MND-FF34**

双位拉背训练器 Seated Row  
Size:1286\*1267\*1500mm  
Machine Weight:207kg  
Weight Stack:100kg

**MND-FF35**

坐式下拉训练器 Pulldown  
Size:1644\*1472\*1850mm  
Machine Weight:232kg  
Weight Stack:100kg



### MND-FF93

坐式小腿训练器 Seated Calf  
Size:1333\*1084\*1500mm  
Machine Weight:179kg  
Weight Stack:70kg



### MND-FF36

平凳 Flat Bench  
Size:1279\*649\*380mm  
Machine Weight:20kg



### MND-FF37

可调式腹肌板  
Adjustable Decline Bench  
Size:1600\*650\*1071mm  
Machine Weight:35kg



### MND-FF38

推肩凳 Multi-Purpose Bench  
Size:1156\*649\*778mm  
Machine Weight:25kg



### MND-FF39

可调式哑铃练习凳 Super Bench  
Size:1319\*649\*511mm  
Machine Weight:36kg



### MND-FF41

下斜举架 Olympic Decline Bench  
Size:2089\*1649\*1280mm  
Machine Weight:86.6kg



### MND-FF42

上斜举架 Olympic Incline Bench  
Size:1915\*1654\*1425mm  
Machine Weight:92kg



### MND-FF43

平卧举架 Olympic Flat Bench  
Size:1740\*1653\*1280mm  
Machine Weight:87kg

**MND-FF44**

**牧师椅** Seated Preacher Curl  
Size:924\*934\*900mm  
Machine Weight:49kg

**MND-FF45**

**罗马椅** Roman Chair  
Size:1121\*749\*757mm  
Machine Weight:58kg

**MND-FF46**

**多功能奥林匹克凳**  
Multi-Degree Olympic Bench  
Size:1121\*749\*757mm  
Machine Weight:58kg

**MND-FF47**

**双杠提膝** Vertical Knee Up  
Size:1168\*827\*1587mm  
Machine Weight:84kg

**MND-FF48**

**框式深蹲架** Power Cage  
Size:1616\*1507\*2292mm  
Machine Weight:128kg

**MND-FF49**

**双层哑铃架**  
Two Layer Dumbbell Rack  
Size:2236\*754\*752mm  
Machine Weight:83kg

**MND-FF50**

**小深蹲架** Squat Rack  
Size:1687\*1585\*1842mm  
Machine Weight:97kg

**MND-FF51**

**坐式举架** Olympic Seated Bench  
Size:1552\*1331\*1768mm  
Machine Weight:103kg

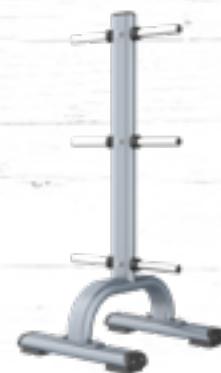


**MND-FF53**

手把架 Handle Rack

Size:913\*710\*1066mm

Machine Weight:48kg



**MND-FF54**

杠铃片架 Weight Plate Tree

Size:601\*585\*1264mm

Machine Weight:27kg



**MND-FF55**

小杠铃杆架 Barbell Rack

Size:902\*800\*1508mm

Machine Weight:66kg

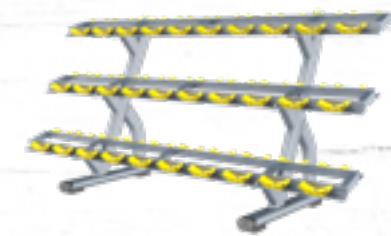


**MND-FF63**

史密斯 Smith Machine

Size:2209\*1272\*2317mm

Machine Weight:202kg



**MND-FF72**

三层哑铃架

3 Layers Dumbbell Rack

Size:2236\*794\*1070mm

Machine Weight:102kg



**MND-FF16**

大飞鸟训练器 Cable Crossover

Size:4262\*712\*2360mm

Machine Weight:325kg

Weight Stack:70\*2kg



# MND-PL 系列产品

## MND-PL Series



握把 Grip

防滑握把长度合理、角度科学防滑效果明显  
Non-slip grip length is reasonable ,angle  
is scientific,anti-slip effect is obvious.



稳固 Stability

平椭圆管钢架，安全可靠、绝不变形。  
Flat elliptical tube steel frame ,safe and  
reliable ,never deformed.



存储 Storage

自带铃片存储位和功能性装置存放位  
置方便取放  
Comes with weight plate storage  
bar and functional devices,Storage  
location for easy use.



座椅 Upholstery

根据人体工程学原理设计，优质 Pu 饰面，座  
椅可多档调节，使不同体型的运动者都能找到  
适合自己的锻炼方式。

Designed according to ergonomic  
principles,high-quality PU finishes,the  
seat can be adjusted in multiple levels,So  
that exerciser of different sizes can find a  
suitable exercise method.

**MND-PL01**

推胸训练器 Chest Press

Size:1925\*1040\*1745mm

Machine Weight:135kg

**MND-PL02**

上斜推胸训练器 Incline Press

Size:1940\*1040\*1805mm

Machine Weight:132kg

**MND-PL03**

推肩训练器 Shoulder Press

Size:1530\*1475\*1500mm

Machine Weight:122kg

**MND-PL04**

三头下压训练器 Seated Dip

Size:1975\*1015\*1005mm

Machine Weight:110kg

**MND-PL05**

二头肌训练器 Biceps Curl

Size:1475\*925\*1265mm

Machine Weight:95kg

**MND-PL06**

高拉背训练器 Pulldown

Size:1825\*1450\*2090mm

Machine Weight:128kg

**MND-PL07**

低拉背训练器 Low Row

Size:1675\*1310\*1695mm

Machine Weight:133kg

**MND-PL08**

划船拉背训练器 Rowing

Size:1455\*1385\*1270mm

Machine Weight:123kg



**MND-PL09**

跪式曲腿训练器 Leg Curl

Size:1540\*1275\*1370mm

Machine Weight:120kg



**MND-PL10**

坐式伸腿训练器 Leg Extension

Size:1550\*1530\*1210mm

Machine Weight:109kg



**MND-PL11**

坐式及站式耸肩

Standing / Seated Shrugs

Size:1630\*1154\*1158mm

Machine Weight:106kg



**MND-PL12**

平卧推胸

Iso-lateral Horizontal Bench Press

Size:1912\*1747\*1007mm

Machine Weight:117kg



**MND-PL13**

超上斜推胸

Super Incline Chest Press

Size:1806\*1132\*1793mm

Machine Weight:130kg



**MND-PL14**

下斜推胸

Decline Chest Press

Size:1752\*1322\*1542mm

Machine Weight:129kg



**MND-PL15**

扩角度推胸 Wide Chest Press

Size:1920\*1276\*1843mm

Machine Weight:145kg



**MND-PL16**

推胸及高拉背

Iso-Lateral Chest Press / Pulldown

Size:1915\*1676\*2120mm

Machine Weight:173kg

**MND-PL17**

前高拉训练器

Iso-Lateral Front Lat Pulldown

Size:1670\*1612\*2081mm

Machine Weight:141kg

**MND-PL18**

D.Y 划船 D.Y Row

Size:1630\*1390\*2056mm

Machine Weight:147kg

**MND-PL19**

握力训练器 Gripper

Size:1230\*660\*940mm

Machine Weight:47kg

**MND-PL20**

腹部全收缩训练器

Abdominal Oblique Crunch

Size:1485\*1226\*1722mm

Machine Weight:130kg

**MND-PL21**

卧式曲腿 Iso-Lateral Leg Curl

Size:1754\*1317\*960mm

Machine Weight:111kg

**MND-PL22**

分动式曲腿 Iso-Lateral Leg Press

Size:2031\*1204\*1430mm

Machine Weight:203kg

**MND-PL23**

胫骨肌训练器

Tibia Dorsi Flexion

Size:1112\*350\*330mm

Machine Weight:33kg

**MND-PL24**

臀部训练器

Hip Builder

Size:1822\*1570\*1556mm

Machine Weight:168kg



**MND-PL65**

深蹲机 Linear Squat

Size:2330\*1760\*1570mm

Machine Weight:234kg



**MND-PL66**

站式推举训练器 Standing Press

Size:2070\*1550\*2100mm

Machine Weight:134kg



**MND-PL67**

站式上推拉综合训练器 Standing Incline Press

Size:2045\*1960\*1925mm

Machine Weight:131kg



**MND-PL68**

站式下推拉综合训练器 Standing Decline Press

Size:1860\*1463\*2550mm

Machine Weight:145kg



**MND-PL56**

倒蹬机 Linear Leg Press

Size:2405\*1485\*1505mm

Machine Weight:260kg



**MND-PL57**

斜蹲机 Linear Hack Squat

Size:2180\*1610\*1500mm

Machine Weight:202kg



**MND-PL61**

划船器 Incline Lever Row

Size:1820\*1135\*1185mm

Machine Weight:90kg



**MND-PL62**

坐式小腿训练器 Calf Raise

Size:1455\*740\*1045mm

Machine Weight:74kg

**MND-PL69****硬拉架** Squat Lunge

Size:1533\*1625\*785mm

Machine Weight:100kg

**MND-PL73****臀部上举训练器** Hip Lift

Size:1668\*1524\*790mm

Machine Weight:89kg

**MND-PL74****臀部腰带式深蹲机**

Hip Belt Squat Machine

Size:1812\*1380\*1103mm

Machine Weight:158kg

**MND-PL75****上斜夹胸** Incline Chest Clip

Size:1559\*1119\*1088mm

Machine Weight:102kg

**MND-PL76****垂直倒蹬机** Vertical Leg Press

Size:1950\*1340\*480mm



# MND-AN 系列产品

## MND-AN Series



橡胶手柄包裹的钢管，肌肉锻炼时握感极佳。  
Round Steel Tube Wrapped By Rubber Handle, Good grasp feeling on muscle training



配重可根据自身情况增减，磁销安全防护效果好  
The weight can be increased or decreased according to user's own situation, the magnetic pull pin has good safety protection effect.



高强度尼龙滑轮美观结实耐用  
High Intensity Nylon Pulley, Elegant and Durable



大尺寸图示简明易懂，让锻炼者对训练各部位肌群轻松入门、一目了然。  
Clear and concise muscle Instruction picture help the user to know how to use the machine

**MND-AN04**

坐式高拉背训练器 Lat Pulldown

Size:1250\*860\*2330mm

Machine Weight:335kg

Weight Stack:100kg

**MND-AN05**

蝴蝶机训练器 Pectoral Machine

Size:1230\*1420\*1500mm

Machine Weight:275kg

Weight Stack:100kg

**MND-AN06**

低拉划船训练器

Seated Horizontal Pully

Size:1780\*1340\*1840mm

Machine Weight:360kg

Weight Stack:100kg

**MND-AN09**

大腿内侧训练器

Inner Thigh Adductor

Size:1430\*930\*1500mm

Machine Weight:280kg

Weight Stack:70kg

**MND-AN10**

大腿外侧训练器

Outer Thigh Abductor

Size:1330\*850\*1500mm

Machine Weight:280kg

Weight Stack:70kg

**MND-AN15**

三头肌训练器 Triceps Extension

Size:1020\*1440\*1500mm

Machine Weight:260kg

Weight Stack:70kg

**MND-AN16**

坐式蹬腿训练器 Leg Press

Size:1970\*1110\*1830mm

Machine Weight:445kg

Weight Stack:100kg

**MND-AN18**

摆腿 / 髋部复合训练器

Multi Hip

Size:1220\*1110\*1500mm

Machine Weight:290kg

Weight Stack:100kg



### MND-AN19

腰部后压训练器 Lower Back  
Size:1080\*1260\*1500mm  
Machine Weight:255kg  
Weight Stack:70kg



### MND-AN20

坐式双向推胸训练器 Chest Press  
Size:1400\*1380\*1660mm  
Machine Weight:290kg  
Weight Stack:100kg



### MND-AN21

坐式下拉训练器 Pull Down  
Size:1360\*1290\*1810mm  
Machine Weight:300kg  
Weight Stack:100kg



### MND-AN22

腹腿肌训练器 Total Abdominal  
Size:970\*1300\*1500mm  
Machine Weight:285kg  
Weight Stack:100kg



### MND-AN23

助力单双杠训练器 Upper Limbs  
Size:1750\*1440\*2800mm  
Machine Weight:350kg  
Weight Stack:115kg



### MND-AN24

坐式曲腿训练器 Seated Leg Curl  
Size:1080\*1280\*1500mm  
Machine Weight:255kg  
Weight Stack:100kg



### MND-AN25

二头肌训练器 Arm Curl  
Size:990\*1430\*1500mm  
Machine Weight:260kg  
Weight Stack:70kg



### MND-AN26

坐式举肩训练器 Shoulder Press  
Size:1300\*1400\*1500mm  
Machine Weight:270kg  
Weight Stack:70kg

**MND-AN27**

坐式伸腿训练器 Leg Extension

Size:1270\*1110\*1500mm

Machine Weight:255kg

Weight Stack:100kg

**MND-AN30**

腹部前屈训练器 Abdominal Machine

Size:1040\*1320\*1500mm

Machine Weight:255kg

Weight Stack:100kg

**MND-AN32**

反位坐姿下拉训练器 Pull Down

Size:1280\*940\*1890mm

Machine Weight:300kg

Weight Stack:100kg

**MND-AN33**

坐姿划船训练器 Seated Row

Size:1050\*1180\*1500mm

Machine Weight:255kg

Weight Stack:100kg

**MND-AN34**

坐式肩部训练器 Delt Machine

Size:1300\*1040\*1500mm

Machine Weight:280kg

Weight Stack:100kg

**MND-AN35**

坐式扭腰训练器 Rotary Torso

Size:1180\*1080\*1500mm

Machine Weight:270kg

Weight Stack:70kg

**MND-AN36**

后抬腿训练器 Glute Isolator

Size:1240\*1330\*1840mm

Machine Weight:290kg

Weight Stack:70kg

**MND-AN37**

卧式曲腿训练器 Horizontal Leg Curl

Size:1635\*1130\*1536mm

Machine Weight:265kg

Weight Stack:70kg



### MND-AN38

直臂夹胸训练器

Pearl Delt /Pec Fly

Size:2120\*1345\*1560mm

Machine Weight:340kg

Weight Stack:100kg



### MND-AN46

二头肌训练器 Biceps Curl

Size:1298\*1023\*1488mm

Machine Weight:197kg

Weight Stack:70kg



### MND-AN47

坐式上斜推胸训练器 Chest Incline

Size:1360\*1610\*1520mm

Machine Weight:300kg

Weight Stack:100kg



### MND-AN48

立式小腿训练器 Standing Calf

Size:1350\*1100\*1930mm

Machine Weight:220kg

Weight Stack:100kg



### MND-AN49

三头下压训练器 Triceps Dip

Size:1200\*1100\*1520mm

Machine Weight:219kg

Weight Stack:70kg



### MND-AN53

小腿训练器 Calf Machine

Size:1360\*1000\*1500mm

Machine Weight:265kg

Weight Stack:70kg



### MND-AN54

小飞鸟训练器 Functional Trainer

Size:2021\*1280\*2415mm

Machine Weight:350kg

Weight Stack:70kg\*2



### MND-AN74

站式反飞鸟训练器 Standing Rear Delt

Size:1205\*902\*1854mm

Machine Weight:243kg

Weight Stack:70kg



# MND-AN 系列产品 (MND-AN Series)

## 训练椅和训练架系列 Training Chair and Rack Series



### 功能强大 Powerful Function

产品设计增强了传统和功能性健身运动，为不同锻炼者呈现多样的健身体验。

The product design enhances traditional and functional fitness and provides an infinite variety of fitness experiences for different exercisers.



### 稳固 Stability

实心圆钢杠杆滑轨，安全可靠绝不变形。  
Solid round steel lever slides, safe,reliable and never deformed.



### 存储 Storage

自带铃片存储位和功能性装置存放位置，方便取放。  
Have the dedicated place for the barbell and functional device ,easy for access.



### 符合人体工程学设计 Ergonomic Design

可满足不同锻炼者的需求，可确保锻炼者姿势动作的稳定性，有助于大范围减小肩部转动和推举阻碍。  
Can meet the different exercisers needed, ensures the stability of the exerciser, reduce the shoulder rotation and the push inhibition.

**MND-AN01**

杠铃片架 Weight Plate Tree

Size:880\*760\*970mm

Machine Weight:31kg

**MND-AN02**

哑铃架 Dumbbell Rack

Size:2420\*530\*850mm

Machine Weight:61kg

**MND-AN03**

杠铃杆架 Barbell Rack

Size:940\*640\*1280mm

Machine Weight:90kg

**MND-AN07**

可调式腹肌板 Adjustable Web Board

Size:1440\*640\*850mm

Machine Weight:45kg

**MND-AN08**

哑铃平凳 Flat Bench

Size:1240\*700\*530mm

Machine Weight:35kg

**MND-AN12**

可调哑铃椅 Multi Adjustable Bench

Size:1190\*690\*1300mm

Machine Weight:35kg

**MND-AN13**

牧师椅 Scott Bench

Size:1030\*770\*950mm

Machine Weight:55kg

**MND-AN17**

史密斯 Smith Machine

Size:2100\*1400\*2490mm

Machine Weight:250kg



### MND-AN28

坐式举重架 Vertical Bench

Size:1120\*1320\*1870mm

Machine Weight:74kg



### MND-AN31

罗马凳 Roman Chair

Size:1240\*670\*850mm

Machine Weight:22kg



### MND-AN40

推肩椅 Utility Bench

Size:1050\*660\*920mm

Machine Weight:30kg



### MND-AN44

豪华下斜卧推架 Decline Bench (Luxury)

Size:2140\*1600\*1360mm

Machine Weight:50kg



### MND-AN50

深蹲架 Squat Rack

Size:1680\*1530\*1820mm

Machine Weight:150kg



### MND-AN52

豪华平卧举架 Olympiv Flat Bench

Size:1330\*1860\*1300mm

Machine Weight:54kg



### MND-AN55

顺蹬机训练器 Sack Squat

Size:2100\*1660\*1290mm

Machine Weight:170kg



### MND-AN56

45 度倒蹬训练器 Incline Squat Machine (45°)

Size:2330\*1470\*1775mm

Machine Weight:230kg

**MND-AN57**

下斜腹肌板 Web Board

Size:1860\*650\*950mm

Machine Weight:40kg

**MND-AN58**

双杠提膝 Vertical kness chin/up

Size:1350\*840\*1800mm

Machine Weight:55kg

**MND-AN59**

豪华上斜卧推架

Incline Bench (Luxury)

Size:2100\*1305\*1520mm

Machine Weight:45kg

**MND-AN61**

十支装杠铃杆架

Barbell Rack for 10pcs

Size:1055\*870\*1500mm

Machine Weight:65kg

**MND-AN65-(1)**

臀部轰炸机 ( 不带配件 ) Hip Machines

Size:1190\*1930\*420mm

Machine Weight:110kg

**MND-AN65-(2)**

臀部轰炸机 Hip Machines

( 带配件: 弹力绳 x1+1.8m 奥杆 (300KG) ) \*1

Size:1190\*1930\*420mm

Machine Weight:130kg

**MND-AN70**

T型划船器 T incline rower machine

Size:2170\*800\*500mm

Machine Weight:58kg

**MND-AN72**

三层哑铃架

3 Layers Dumbbell Racks

Size:2450\*950\*970mm

Machine Weight:85kg



### MND-AN73

可调节罗马椅 Adjustable Roman Chair

Size:1350\*680\*880mm

Machine Weight:50kg



### MND-AN75

双杠体膝加引体 Knee Up/Chin+Pull Up

Size:1458\*1362\*2240mm

Machine Weight:208kg



### MND-AN14

大飞鸟训练器 Cable Crossover

Size:3820\*680\*2400mm

Machine Weight:300kg

Weight Stack:70kg\*2



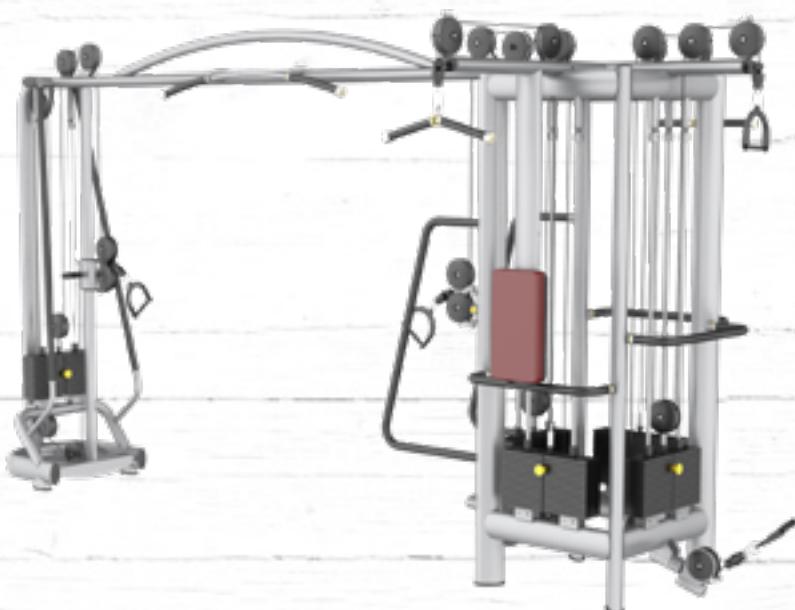
### MND-AN43

四人站训练器 Multi Station

Size:1790\*1620\*2250mm

Machine Weight:510kg

Weight Stack:70kg\*3  
100kg\*1



### MND-AN41

五人站训练器 Crossover & Cable Jungle (5 stations)

Size:4620\*1920\*2680mm

Machine Weight:680kg

Weight Stack:70kg\*4  
100kg\*1



### MND-AN60

八人站训练器 8 stathions

Size:6500\*3460\*2310mm

Machine Weight:1100kg

Weight Stack:680kg

70kg\*4

100kg\*4



### MND-AN42

定制五人站训练器 Crossover & Cable Jungle ( customized 5 stations)

Size:5550\*2770\*2770mm

Machine Weight:790kg

Weight Stack:70kg\*2

115kg\*1

100kg\*2



# MND-F 系列产品

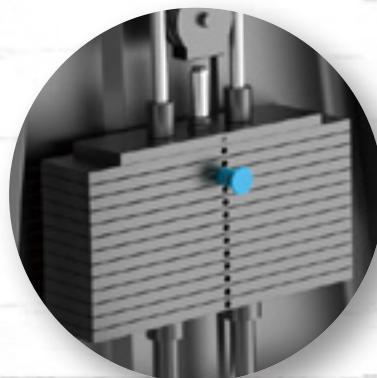
## MND-F Series



训练指南 Instruction

大尺寸图示简明易懂，让锻炼者对训练各部位肌群轻松入门、一目了然。

Clear and concise muscle target makes it easier for trainers to know and learn.



升级配重 Updated Weight Stack

配重可根据自身情况增减。磁销安全防护效果好

The weight can be increased or decreased according to trainer's own situation, and the magnetic pull pin has good safety protection effect.



调节器 Adjuster

训练时根据自身情况需要进行调节人性化的设计

Humanization Design Adjustment. Trainers can adjust the position according to personal body condition



6mm 加粗钢丝绳 6mm Thick Steel Cable

器械钢丝绳均采用 6mm 加粗钢丝绳，结实耐用更安全。

Fitness equipment uses 6mm thick steel cable, which is more durable and safer.

**MND-F01**

俯卧曲腿训练器 Prone Leg Curl

Size:1650\*960\*1630mm

Machine Weight:216kg

Weight Stack:70kg

**MND-F02**

坐式伸腿训练器 Leg Extension

Size:1420\*1020\*1630mm

Machine Weight:223kg

Weight Stack:70kg

**MND-F03**

坐式蹬腿训练器 Leg Press

Size:1980\*1060\*1630mm

Machine Weight:223kg

Weight Stack:100kg

**MND-F04**

蝴蝶夹胸训练器 Butterfly

Size:1410\*960\*1630mm

Machine Weight:223kg

Weight Stack:70kg

**MND-F05**

肩部训练器 Lateral Raise

Size:1300\*870\*1630mm

Machine Weight:173kg

Weight Stack:70kg

**MND-F06**

仰卧举肩训练器 Incline Shoulder Press

Size:1880\*1220\*\*1630mm

Machine Weight:239kg

Weight Stack:70kg

**MND-F07**

直臂夹胸训练器 Pearl Delt/Pec Fly

Size:1250\*870\*2040mm

Machine Weight:260kg

Weight Stack:100kg

**MND-F08**

坐式推胸训练器 Vertical Press

Size:1390\*1320\*1630mm

Machine Weight:214kg

Weight Stack:70kg



### MND-F09

单双杠训练器 Dip/Chin Assist  
Size:1410\*1150\*2350mm  
Machine Weight:289kg  
Weight Stack:100kg



### MND-F11

摆腿训练器 Multi Hip  
Size:1310\*1070\*1630mm  
Machine Weight:239kg  
Weight Stack:70kg



### MND-F13

上斜推胸训练器 Incline Chest Press  
Size:1850\*1220\*1630mm  
Machine Weight:239kg  
Weight Stack:70kg



### MND-F17

双臂机训练器 FTS Glide  
Size:1890\*1040\*2300mm  
Machine Weight:396kg  
Weight Stack:70kg\*2



### MND-F18

转体训练器 Rotary Torso  
Size:1130\*1070\*1630mm  
Machine Weight:214kg  
Weight Stack:70kg



### MND-F19

腹部前屈训练器 Abdominal Isolator  
Size:1270\*940\*1630mm  
Machine Weight:209kg  
Weight Stack:70kg



### MND-F20

坐式举肩训练器 Seated Shoulder Press  
Size:1900\*1440\*1630mm  
Machine Weight:240kg  
Weight Stack:100kg



### MND-F21

大腿外侧训练器 Abductor A  
Size:1560\*900\*1630mm  
Machine Weight:214kg  
Weight Stack:70kg

**MND-F22**

大腿内侧训练器 Adductor B  
Size:1560\*900\*1630mm  
Machine Weight:214kg  
Weight Stack:70kg

**MND-F23**

坐式曲腿训练器 Leg Curl  
Size:1620\*1000\*1630mm  
Machine Weight:220kg  
Weight Stack:70kg

**MND-F24**

后抬腿训练器 Glute Isolator  
Size:1200\*1100\*1630mm  
Machine Weight:141kg  
Weight Stack:70kg

**MND-F26**

三头下压训练器 Seated Dip  
Size:1610\*1220\*1630mm  
Machine Weight:230kg  
Weight Stack:70kg

**MND-F27**

0 度三头屈伸训练器 Seated Triceps-Flat  
Size:1120\*960\*1630mm  
Machine Weight:191kg  
Weight Stack:70kg

**MND-F28**

45 度三头肌训练器 45 Degree Triceps Extension  
Size:1120\*940\*1630mm  
Machine Weight:190kg  
Weight Stack:70kg

**MND-F30**

45 度二头肌训练器 45 Degree Camber Curl  
Size:1230\*930\*1630mm  
Machine Weight:168kg  
Weight Stack:70kg

**MND-F31**

腰部后压训练器 Back Extension  
Size:1240\*980\*1630mm  
Machine Weight:255kg  
Weight Stack:70kg



### MND-F33

坐式低拉背训练器 Long Pull  
Size:1660\*1303\*2040mm  
Machine Weight:268kg  
Weight Stack:100kg



### MND-F34

坐式平行拉背训练器 Vertical Row  
Size:1575\*1210\*1630mm  
Machine Weight:194kg  
Weight Stack:70kg



### MND-F35

高拉背训练器 Pulldown  
Size:1330\*1250\*2250mm  
Machine Weight:248kg  
Weight Stack:100kg



### MND-F93

坐式小腿 Seated Calf  
Size:1610\*1030\*1626mm  
Machine Weight:220kg  
Weight Stack:70kg



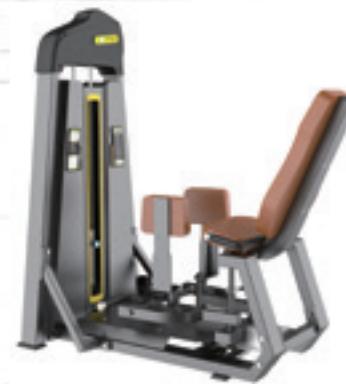
### MND-F95

站式反飞鸟训练器 Standing Rear Dear/Peo Fly  
Size:1265\*1453\*760mm  
Machine Weight:110kg  
Weight Stack:70kg



### MND-F87

伸屈腿训练器 Leg Extension / Curl  
Size:1500\*1150\*1620mm  
Machine Weight:250kg  
Weight Stack:70kg



### MND-F25

大腿内外侧一体机 Abductor / Adductor  
Size:1550\*900\*1620mm  
Machine Weight:244kg  
Weight Stack:70kg



### MND-F85

腰 / 腹训练器 Abdominal / Back Extension  
Size:1315\*990\*1620mm  
Machine Weight:255kg  
Weight Stack:70kg

**MND-F86**

二头 / 三头肌训练器  
Biceps / Triceps

Size:1400\*1200\*1620mm  
Machine Weight:230kg  
Weight Stack:70kg

**MND-F90**

俯卧伸 / 屈腿一体机  
Prone Leg Curl / Leg Extension

Size:2170\*1000\*1620mm  
Machine Weight:239kg  
Weight Stack:70kg

**MND-F88**

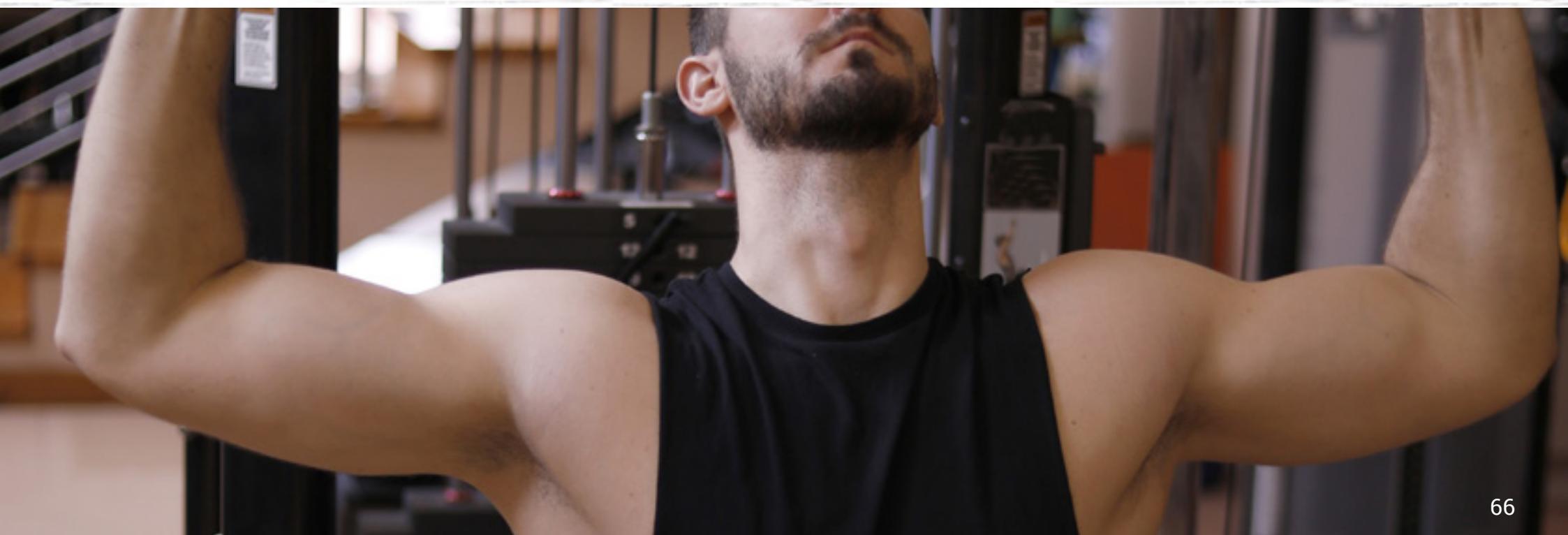
胸 / 肩部训练器 Chest / Shoulder Press

Size:2000\*1350\*1620mm  
Machine Weight:248kg  
Weight Stack:70kg

**MND-F89**

高低拉一体机 Pull Down/ Long Pull

Size:2170\*1000\*2300mm  
Machine Weight:239kg  
Weight Stack:70kg



# MND-F 系列产品 (MND-F Series)

## 训练椅和训练架系列 Training Chair and Rack Series



调节器 Adjuster

灵活调节度，可用于多种健身方式，安全有保障。  
Flexible adjustment, can be used in a variety of fitness methods, safe and secure.



饰面 Cushion

PU 材质坐垫透气排汗舒适防滑  
PU leather cushion, air permeability, comfort and anti-slip.



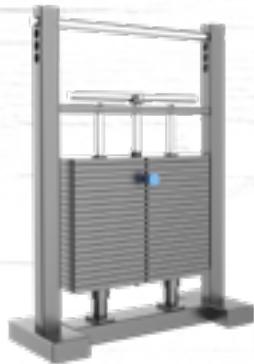
便捷滑轮 Convenient Wheel

优质橡胶滑轮，流畅滚动，一人可轻便的移动器材，方便快捷。  
High-quality rubber wheel, one person can easily move the machine.



防滑脚垫 Anti-slip mat

不伤地板，运动时器材不会滑动、晃动。  
Protect the floor and have good stability during exercise.

**MND-F97**

手指握力训练器 Forearm Trainer

Size:750\*265\*860mm

Machine Weight:125kg

Weight Stack:70kg

**MND-F14**

转体训练器 Rotary Rack

Size:1300\*720\*1300mm

Machine Weight:65kg

**MND-F36**

平凳 Flat Bench

Size:1410\*560\*420mm

Machine Weight:30kg

**MND-F37**

可调式腹肌板

Adjustable Decline Bench

Size:1710\*680\*800mm

Machine Weight:61kg

**MND-F38**

推肩凳 Multi-Purpose Bench

Size:1180\*680\*800mm

Machine Weight:30kg

**MND-F39**

可调式哑铃练习凳 Super Bench

Size:1380\*680\*690mm

Machine Weight:43kg

**MND-F41**

下斜推胸训练器

Olympic Decline Bench

Size:2090\*1560\*1230mm

Machine Weight:120kg

**MND-F42**

上斜推胸训练器

Olympic Bench Incline

Size:2030\*1650\*1400mm

Machine Weight:127kg



**MND-F43**

平卧推胸训练器 Olympic Bench

Size:1780\*1650\*1220mm

Machine Weight:94kg



**MND-F44**

牧师椅 Seated Preacher Curl

Size:1130\*780\*910mm

Machine Weight:55kg



**MND-F45**

罗马椅 Back Extension

Size:1090\*800\*770mm

Machine Weight:57kg



**MND-F47**

双杠提膝训练器 Vertical Knee Up/Dip

Size:1180\*800\*1620mm

Machine Weight:96kg

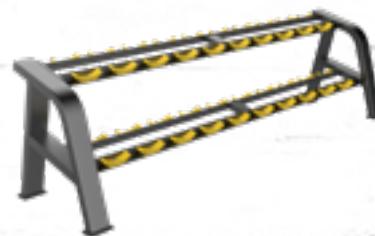


**MND-F48**

框式深蹲架 Power Cage

Size:1490\*1290\*2295mm

Machine Weight:154kg



**MND-F49**

哑铃架 Dumbbell Rack

Size:2460\*660\*730mm

Machine Weight:75kg



**MND-F50**

深蹲架 Squat Rack

Size:1720\*1690\*1800mm

Machine Weight:150kg



**MND-F51**

坐式推肩架 Olympic Seated Bench

Size:1535\*1690\*1770mm

Machine Weight:135kg

**MND-F53**

手把架 Handle Rack

Size:1100\*740\*1070mm

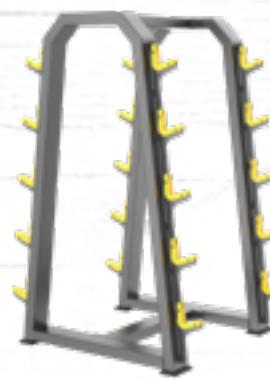
Machine Weight:68kg

**MND-F54**

杠铃片架 Vertical Plate Tree

Size:630\*550\*1270mm

Machine Weight:39kg

**MND-F55**

小杠铃杆架 Barbell Rack

Size:1060\*770\*1460mm

Machine Weight:100kg

**MND-F56**

45 度倒蹬机训练器 Leg Press

Size:2190\*1650\*1275mm

Machine Weight:265kg

**MND-F57**

挂片式斜蹲训练器 Hack Slide

Size:2260\*1650\*1290mm

Machine Weight:196kg

**MND-F61**

划船机 Incline Level Row

Size:1775\*1015\*1190mm

Machine Weight:86kg

**MND-F62**

坐式小腿 Seated Calf

Size:1480\*640\*1015mm

Machine Weight:75kg

**MND-F63**

史密斯机 Smith Machine

Size:2210\*1150\*2190mm

Machine Weight:290kg



**MND-F65**

**深蹲机** Super Squat

Size:1990\*1650\*1450mm

Machine Weight:196kg



**MND-F70**

**腹肌训练器** Abdominal Trainer

Size:1530\*930\*1040mm

Machine Weight:100kg



**MND-F71**

**伸展器** Stretch Trainer

Size:1290\*530\*1090mm

Machine Weight:80kg



**MND-F72**

**女士三层哑铃架** Beauty Dumbbell Rack

Size:1420\*700\*1010mm

Machine Weight:71kg



**MND-F80**

**定制双杠提膝**

Knee Up Chin + Pull Up

Size:1470\*1350\*2215mm

Machine Weight:110kg



**MND-F84**

**硬拉架** Squat Lunge

Size:1350\*1350\*1000mm

Machine Weight:200kg



**MND-F92**

**雪橇车** Sled

Size:867\*650\*1105mm

Machine Weight:54kg



**MND-F94**

**水平罗马椅** Glute Ham Raise Bench

Size:1640\*810\*1060mm

Machine Weight:84kg

**MND-F96****双位牧师椅**

Dual Function Preacher Curl

Size:1245\*734\*1120mm

Machine Weight:83kg

**MND-F99****多功能哑铃凳**

Adjustable Incline Flat Bench

Size:1290\*566\*475mm

Machine Weight:20kg

**MND-F100****双杠提膝加引体**

Knee Up Dip/Pull Up Rack

Size:1385\*1055\*2260mm

Machine Weight:100kg

**MND-F101****俯卧直腿上摆**

Reverse hyper extension

Size:2300\*1100\*780mm

Machine Weight:160kg





### MND-F16

大飞鸟训练器 Adjustable Crossover

Size:3830\*700\*2260mm

Machine Weight:396kg

Weight Stack:70kg\*2



### MND-F64

八人站 (不对称) 8 Multi Station

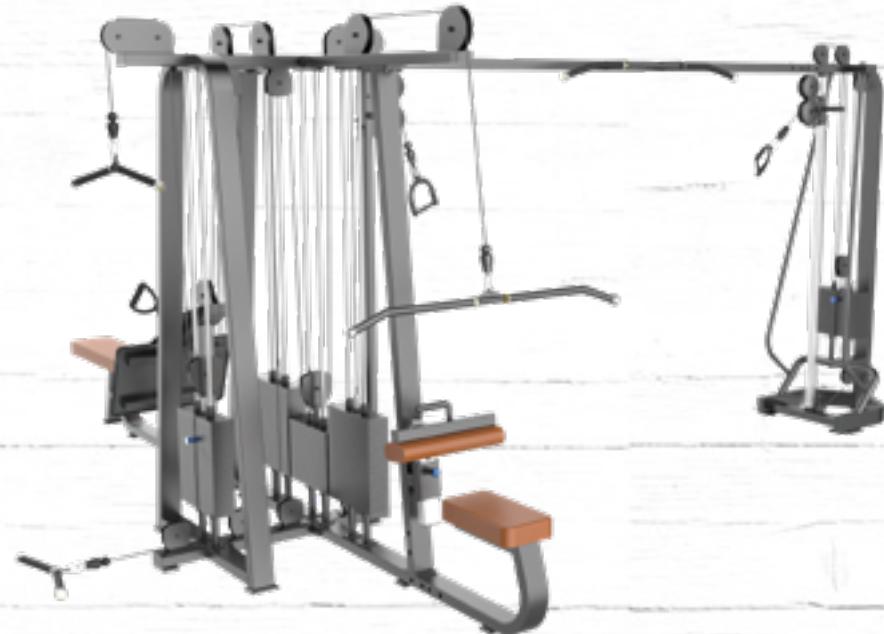
Size:5130\*4610\*2365mm

Machine Weight:1100kg

Weight Stack:56kg\*2

68kg\*3

100kg\*3



## MND-F81

五人站 5 Multi Station (Half F64 & half F16)

Size:5170\*4620\*2310mm

Machine Weight:860kg

Weight Stack:56kg\*2

68kg\*1

100kg\*2



## MND-F82

四人站 4 Multi Station

Size:4605\*1415\*2345mm

Machine Weight:600kg

Weight Stack:56kg\*1

68kg\*1

100kg\*2



## MND-F83

对称八人站 8 Multi Station

Size:5170\*4620\*2310mm

Machine Weight:1300kg

Weight Stack:56kg\*2

68kg\*2

100kg\*4



# MND-G 系列产品

## MND-G Series



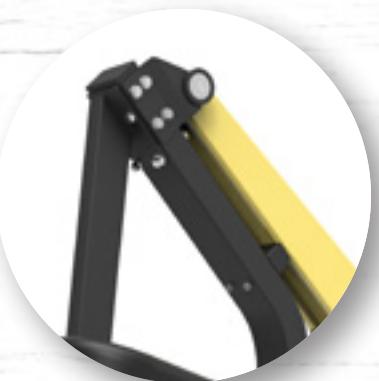
**握把 Handlebar**

铝合金握把长度合理、角度科学防滑效果明显  
The length of the aluminum alloy handlebar is reasonable, the angle is scientific, and the anti-slip effect is obvious.



**动臂 Moving Arm**

加粗黄色动臂突出整个系列的特征，明亮的黄色与黑身主架完美的色彩搭配。  
Bold yellow moving arm highlights the entire series, with bright yellow and black main frame for perfect color matching



**轴承 Bearing**

钢制轴心轴承，铝合金轴承盖，在运动中无噪音，无阻力，结实耐用。  
Steel shaft bearing, aluminum bearing cap,no noise during movement, no resistance,durable.



**座椅 Seat**

根据人体工程学原理设计，优质 PU 饰面，座椅可多档调节，使不同体型的运动员都能找到适合自身的锻炼姿势。  
Designed according to ergonomic principles,high-quality PU leather,the seat can be adjusted in multiple steps, so that different body types of athletes can find their own exercise posture.

**MND-G05**

坐式双向推胸 Chest Press

Size:1500\*1200\*1715mm

Machine Weight:165kg

**MND-G10**

宽位推胸训练器 Wide Chest Press

Size:1450\*1182\*1730mm

Machine Weight:165kg

**MND-G15**

坐式上斜推胸 Incline Chest Press

Size:1540\*1030\*1685mm

Machine Weight:163kg

**MND-G20**

坐式下拉训练器 Pulldown

Size:1110\*1740\*1990mm

Machine Weight:152kg

**MND-G25**

坐式低拉背训练器 Low Row

Size:1570\*1290\*1630mm

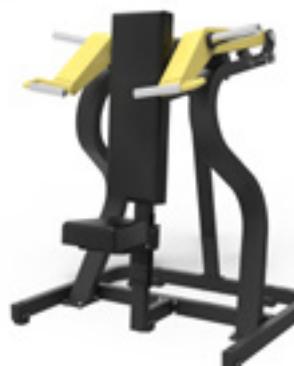
Machine Weight:163kg

**MND-G30**

划船器 Incline Level Row

Size:1190\*1380\*1300mm

Machine Weight:167kg

**MND-G35**

坐式举肩训练器 Shoulder Press

Size:1290\*1260\*1485mm

Machine Weight:148kg

**MND-G40**

后抬腿训练器 Rear Kick

Size:1115\*1330\*1650mm

Machine Weight:135kg



### MND-G45

坐式小腿训练器 Calf  
Size:1670\*1220\*1210mm  
Machine Weight:198kg



### MND-G50

倒蹬机训练器 Leg Press  
Size:1780\*2060\*1525mm  
Machine Weight:264kg



### MND-G55

坐式伸腿 Leg Extension  
Size:1240\*1260\*1165mm  
Machine Weight:130kg



### MND-G60

坐式三头下压 Seated Dip  
Size:1580\*1390\*965mm  
Machine Weight:160kg



### MND-G65

二头肌训练器 Biceps  
Size:1060\*1385\*1005mm  
Machine Weight:150kg



### MND-G70

站姿曲腿 Standing Leg Curl  
Size:1220\*1050\*1290mm  
Machine Weight:120kg



### MND-G75

45 度倒蹬机 Linear Leg Press  
Size:2695\*1568\*1500mm  
Machine Weight:340kg



MND-R 系列产品

MND-R Series



**MND-R905**

坐式双向推胸 Chest Press

Size:1500\*1200\*1715mm

Machine Weight:165kg

**MND-R910**

宽位推胸训练器坐式下斜推胸

Wide Chest Press

Size:1450\*1182\*1730mm

Machine Weight:165kg

**MND-R915**

坐式上斜推胸 Incline Chest Press

Size:1540\*1030\*1685mm

Machine Weight:163kg

**MND-R920**

坐式下拉训练器 Vertical Traction

Size:1110\*1740\*1990mm

Machine Weight:152kg

**MND-R925**

坐式低拉背训练器 Low Row

Size:1570\*1290\*1630mm

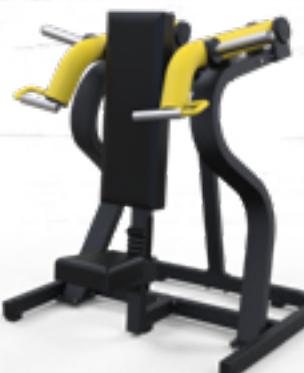
Machine Weight:128kg

**MND-R930**

划船器 Row

Size:1190\*1380\*1300mm

Machine Weight:167kg

**MND-R935**

坐式举肩训练器 Shoulder Press

Size:1290\*1260\*1485mm

Machine Weight:148kg

**MND-R940**

后抬腿训练器 Glute Isolator

Size:1115\*1330\*1650mm

Machine Weight:135kg

# MND-H 系列产品

## MND-H Series



钢管 Steel Pipe

稳固、耐用、不易生锈  
Stable, durable and not easy to rust



握把 Handlebar

防滑手柄让锻炼者能够方便舒适地调节至合适体姿，从而使推举训练更为舒适。  
The handlebar the non-slip handle make it easy for the exerciser to adjust to the proper posture ,which makes the referral training more suitable.



液压油缸 Hydraulic Cylinder

六个不同档位可为锻炼者提供不同阻力，使不同锻炼者能找到适合自身的锻炼方式。  
Six different gears provide different resistance to the trainer, allowing different trainers to find the right way to exercise.



座椅 Seat

根据人体工程学原理设计，优质 PU 饰面，座椅可多档调节，使不同体型的运动者都能找到适合自身的锻炼姿势。  
Designed according to ergonomics, high quality PU leather. The seat can be adjusted in multiple steps,so that different body types of athletes can find a suitable posture for themselves.

H 系列商用油压缸循环训练器材是美能达健身器材有限公司自主研发的力量训练器材系列。H 系列适合健身、瘦身及改善健康状况为目的的人群，能够为健身爱好者提供与传统健身房训练模式不同的健身方式。H 循环训练器材通过油压缸的流体能量转换为运动阻力在缸内作往复推或拉的直线运动，运行更顺畅，简洁易用。每个型号锻炼一种训练部位，一个系列为一套专业的健身模式。使用安全，更不容易发生运动伤害，为训练者创造和谐的训练氛围，对中老年训练者，女士尤其适用。油压缸可调节不同阻力，练习者设定自己合适的档位。本系列使用了高档铝合金油压缸，油压缸的安装设计安全可靠，运动模式符合人体模拟锻炼轨迹。方便移动以适应场地需要，每个关节部位使用铝端盖，坐垫和靠垫使用环保材料。

H series commercial hydraulic cylinder cycle trainer is a series of strength training equipment developed by Minolta Fitness Equipment Co., Ltd. The H-series is ideal for fitness, slimming and improving health, and offers fitness enthusiasts a different fitness style than traditional gym training. The H cycle training equipment converts the fluid energy of the hydraulic cylinder into a linear motion of reciprocating push or pull in the cylinder, and the movement is smoother and simpler. Each model exercises a training session and a series is a professional fitness mode. Safe to use, less to sports injuries, create a harmonious training atmosphere for trainers, especially for middle-aged and older trainers. The hydraulic cylinder can adjust different resistances, and the trainer sets the appropriate gear position. This series uses high-grade aluminum alloy hydraulic cylinders. The installation design of hydraulic cylinders is safe and reliable, and the sport mode conforms to the human body simulation exercise track. Easy to move to suit the needs of the site, aluminum joints are used for each joint, and cushions and cushions use environmentally friendly materials.



## MND-H01

**推胸训练器** Chest press

Size:1020\*1310\*780mm

Machine Weight:53kg

## MND-H02

**蝴蝶机训练器** Butterfly

Size:990\*1290\*720mm

Machine Weight:55kg





**MND-H03**

肩部 / 高拉背训练器

Overhead Press / Pulldown

Size:990\*1300\*720mm

Machine Weight:54kg



**MND-H04**

二头肌 / 三头肌训练器

Arm Curl / Triceps Extension

Size:1050\*850\*740mm

Machine Weight:38kg



**MND-H05**

伸屈腿训练器 Leg Extension / Leg Curl

Size:1395\*1365\*775mm

Machine Weight:54kg



**MND-H06**

大腿内外侧训练器 Adductor / Abductor

Size:1375\*1400\*720mm

Machine Weight:59kg



**MND-H07**

蹬腿训练器 Leg press

Size:1615\*1600\*670mm

Machine Weight:74kg



**MND-H08**

深蹲训练器 Squat

Size:1760\*1340\*720mm

Machine Weight:62kg



**MND-H09**

背肌 / 腹肌训练器

Back / Abdominal Extension

Size:1240\*990\*720mm

Machine Weight:47kg



**MND-H10**

转体训练器 Rotary Torso

Size:1020\*930\*950mm

Machine Weight:34kg

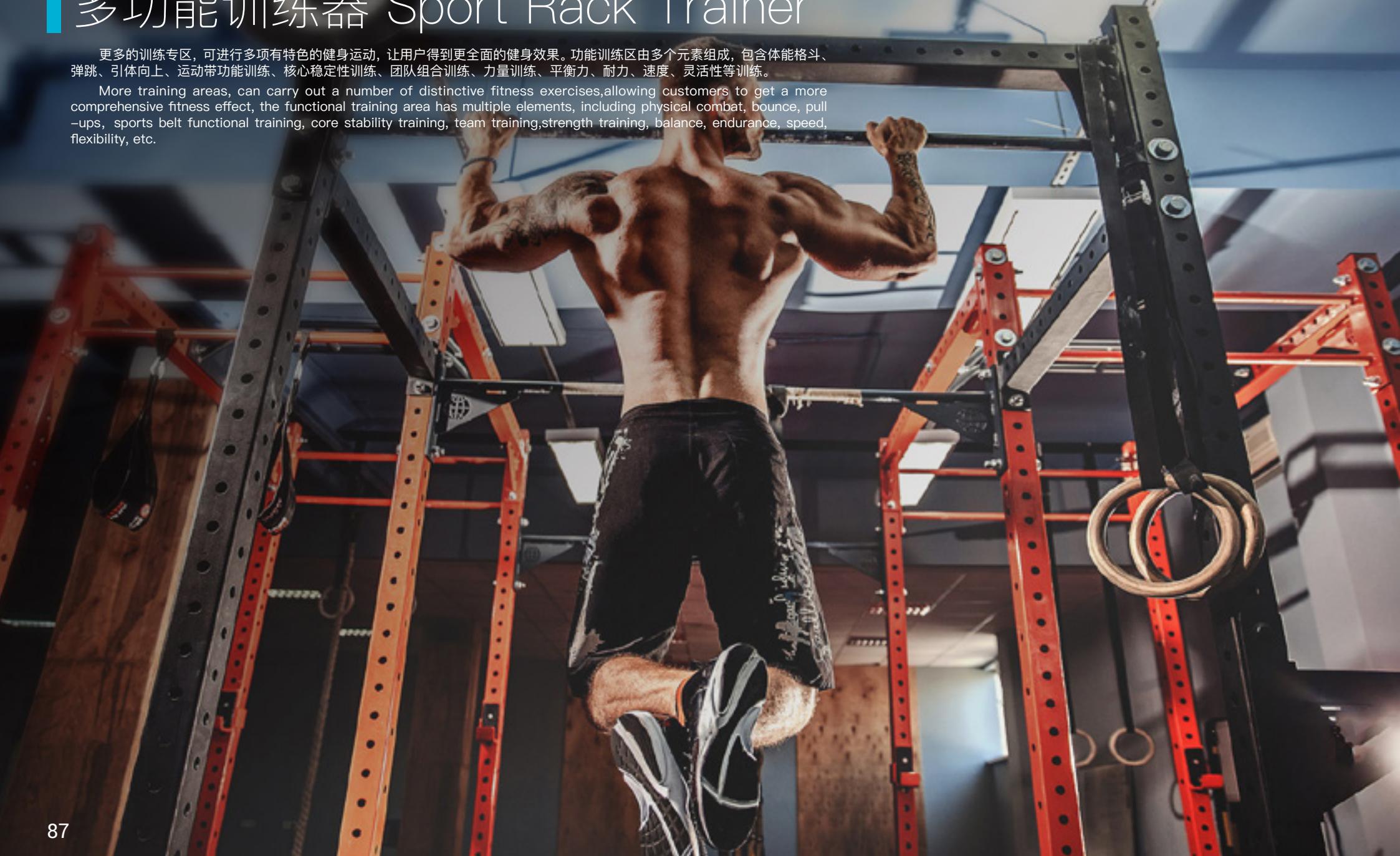


# MND-360 系列产品 (MND-360 Series)

## 多功能训练器 Sport Rack Trainer

更多的训练专区，可进行多项有特色的健身运动，让用户得到更全面的健身效果。功能训练区由多个元素组成，包含体能格斗、弹跳、引体向上、运动带功能训练、核心稳定性训练、团队组合训练、力量训练、平衡力、耐力、速度、灵活性等训练。

More training areas, can carry out a number of distinctive fitness exercises, allowing customers to get a more comprehensive fitness effect, the functional training area has multiple elements, including physical combat, bounce, pull-ups, sports belt functional training, core stability training, team training, strength training, balance, endurance, speed, flexibility, etc.





## E360-A

360 综合训练器 (八门) Synergy 360(8 gates) with whole set of accessories

配件: TRX 绳 : 4 根

体能绳 : 1 根

小蹦床 : 1 个

沙袋 : 1 个

奥杆 : 1 根

壶铃 : 1 套

药球 : 1 套

Accessories: Rope:4pcs

Climbing rope:1pc

Small trampolino:1 pc

Boxing bag:1pc

Olympic bar:1pc

Kettle-bell:1set

Medicin ball:1set

功能: 自由力量工作站  
动力轴杆工作站  
递升高度台工作站  
拳击沙袋工作站  
重力球投递工作站  
运动带悬挂训练专区

Size(L\*W\* H):8500\* 4800\*2578mm

## E360-B

360 综合训练器 (六门) Synergy 360(6 gates) with whole set of accessories

配件: TRX 绳 : 4 根

体能绳 : 1 根

小蹦床 : 1 个

沙袋 : 1 个

奥杆 : 1 根

壶铃 : 1 套

药球 : 1 套

Accessories: Rope:4pcs

Climbing rope:1pc

Small trampolino:1 pc

Boxing bag:1pc

Olympic bar:1pc

Kettle-bell:1set

Medicin ball:1set

功能: 自由力量工作站  
动力轴杆工作站  
递升高度台工作站  
拳击沙袋工作站  
重力球投递工作站  
运动带悬挂训练专区

Size(L\*W\* H):4420\*2520\*2578mm





## E360-E

360 综合训练器（四门） Synergy 360(4 gates) with whole set of accessories

配件: TRX 绳 : 2 根

体能绳 : 1 根

小蹦床 : 1 个

沙袋 : 1 个

奥杆 : 1 根

壶铃 : 1 套

药球 : 1 套

Accessories: Rope:2pcs

Climbing rope:1pc

Small trampoin:1 pc

Boxing bag:1pc

Olympic bar:1pc

Kettle–bell:1set

Medicin ball:1set

Size(L\*W\* H):2520\*2320\*2300mm

功能: 自由力量工作站  
动力轴杆工作站  
递升高度台工作站  
拳击沙袋工作站  
重力球投递工作站  
运动带悬挂训练专区

## E360-F

360 综合训练器（四门） Synergy 360(4 gates) with whole set of accessories

配件: TRX 绳 : 2 根

体能绳 : 1 根

小蹦床 : 1 个

沙袋 : 1 个

奥杆 : 1 根

壶铃 : 1 套

药球 : 1 套

Accessories: Rope:2pcs

Climbing rope:1pc

Small trampoin:1 pc

Boxing bag:1pc

Olympic bar:1pc

Kettle–bell:1set

Medicin ball:1set

功能: 自由力量工作站  
动力轴杆工作站  
递升高度台工作站  
拳击沙袋工作站  
重力球投递工作站  
运动带悬挂训练专区

Size(L\*W\* H):3920\*3110\*2300mm





## E360-K

### 360 训练器 (六门带史密斯)

Synergy 360 (6 Stations + 1 Smith Machine) + whole set of accessories

配件: TRX 绳 : 2 根

体能绳 : 1 根

小蹦床 : 1 个

沙袋 : 1 个

奥杆 : 1 根

壶铃 : 1 套

药球 : 1 套

Accessories: Rope:2pcs

Climbing rope:1pc

Small trampoing:1 pc

Boxing bag:1pc

Olympic bar:1pc

Kettle-bell:1set

Medicin ball:1set

功能: 自由力量工作站

动力轴杆工作站

递升高度台工作站

拳击沙袋工作站

重力球投递工作站

运动带悬挂训练专区

Size(L\*W\* H):6000\*4000\*2300mm



MND-C 系列产品

MND-C Series



**MND-C03**

悬垂绳架 Overhanging TRX Rack

Size:2600\*2110\*2788mm

Machine Weight:113kg

**MND-C05**

悬垂绳架 Overhanging TRX Rack

Size:5200\*4038\*2369mm

Machine Weight:229kg

**MND-C07**

自由训练架 Free Training Rack

Size:5500\*2481\*2853mm

Machine Weight:389kg

**MND-C09**

卧推训练架 Bench Press Rack

Size:4287\*1500\*2495mm

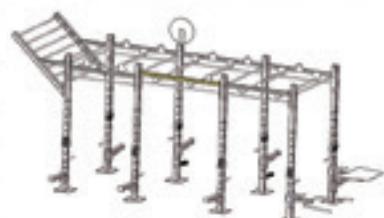
Machine Weight:358kg

**MND-C12**

定制深蹲架 Customized Squat Rack

Size:1725\*1405\*2495mm

Machine Weight:158kg

**MND-C15**

攀爬方梯 Climbing Ladder

Size:6233\*3055\*2692mm

Machine Weight:397kg

**MND-C16**

攀爬云梯 Climbing Ladder

Size:9950\*3700\*3100mm

Machine Weight:822kg

**MND-C17**

框式深蹲云梯 Frame Squat Ladder

Size:4490\*1525\*2400mm

Machine Weight:330kg



### MND-C18

平行云梯 Parallel Ladder

Size:4460\*680\*2400mm

Machine Weight:177kg

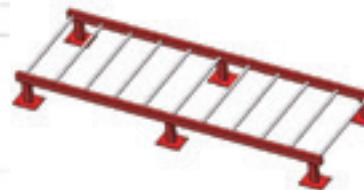


### MND-C19

墙架 Wall Rack

Size:4085\*1603\*3006mm

Machine Weight:163kg

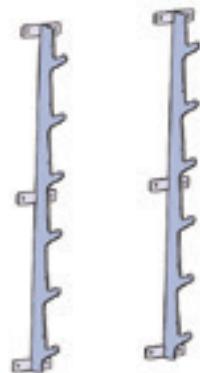


### MND-C20

墙架 Wall Rack

Size:3150\*1130\*300mm

Machine Weight:74kg



### MND-C21

墙架 Wall Rack

Size:1548\*200\*215mm

Machine Weight:35kg



### MND-C22

沙袋训练架 Sandbag Rack

Size:1304\*791\*2208mm

Machine Weight:63kg



### MND-C24

组合训练架

Combination Training Frame

Size:9021\*3810\*4047mm

Machine Weight:1762kg



### MND-C25

攀爬云梯 Climbing Ladder

Size:5798\*3483\*3694mm

Machine Weight:576kg



### MND-C26

靠墙训练架 Wall Training Rack

Size:725\*1420\*2398mm

Machine Weight:106kg

**MND-C27**

攀爬云梯 Climbing Ladder

Size:8261\*3232\*3106mm

Machine Weight:797kg

**MND-C30**

攀爬云梯 Climbing Ladder

Size:7076\*3232\*2606mm

Machine Weight:707kg

**MND-C31**

墙架 Wall Rack

Size:4970\*2116\*3006mm

Machine Weight:181kg

**MND-C63**

跳凳 Plyometric Boxes

Size:590\*750\*420mm

Machine Weight:55kg

**MND-C33**

置物架 Commodity Shelf

Size:2140\*640\*1458mm

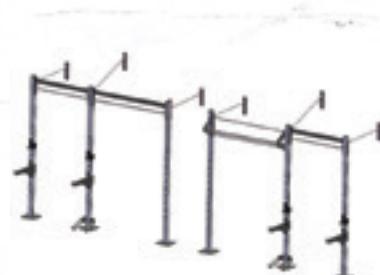
Machine Weight:108kg

**MND-C34**

攀爬云梯 Climbing Ladder

Size:7076\*3232\*2606mm

Machine Weight:765kg

**MND-C35**

训练架 Training Rack

Size:7040\*4125\*3110mm

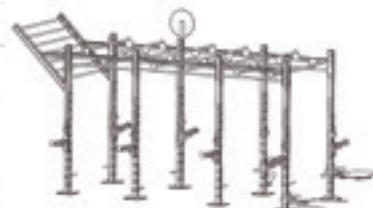
Machine Weight:244kg

**MND-C36**

攀爬云梯 Climbing Ladder

Size:6126\*3227\*2606mm

Machine Weight:735kg



### MND-C37

攀爬云梯 Climbing Ladder

Size:6140\*2705\*2996mm

Machine Weight:506kg

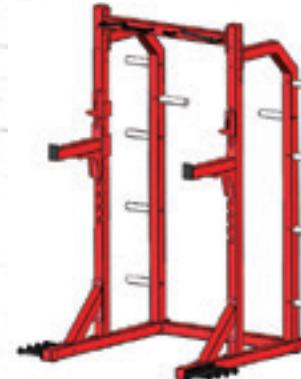


### MND-C38

攀爬云梯 Climbing Ladder

Size:3236\*7076\*2984mm

Machine Weight:787kg



### MND-C42

定制深蹲架 Customized Squat Rack

Size:1715\*1410\*2474mm

Machine Weight:152kg



### MND-C43

挺跨机 Sissy Squat

Size:875\*715\*495mm

Machine Weight:32kg



### MND-C44

攀爬云梯 Climbing Ladder

Size:8015\*3088\*3694mm

Machine Weight:767kg



### MND-C45

小腿伸展器 Calf Stretcher

Size:641\*389\*116mm

Machine Weight:9kg



### MND-C46

靠墙训练架 Wall Training Rack

Size:5085\*2604\*3469mm

Machine Weight:221kg



### MND-C47

卧推架 Bench Press Frame

Size:1752\*1405\*2156mm

Machine Weight:172kg

**MND-C48**

攀爬云梯 Climbing Ladder

Size:6747\*3087\*3006mm

Machine Weight:724kg

**MND-C49**

攀爬云梯 Climbing Ladder

Size:9915\*3227\*2606mm

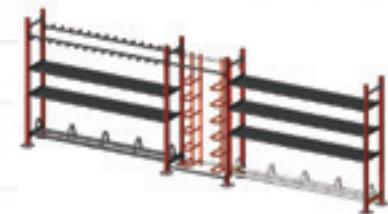
Machine Weight:852kg

**MND-C50**

靠墙训练架 Wall Training Rack

Size:5140\*3000\*1080mm

Machine Weight:244kg

**MND-C52**

大置物架 Big Commodity Shelf

Size:6000\*660\*2010mm

Machine Weight:506kg

**MND-C53**

训练架 Training Rack

Size:4460\*3037\*2782mm

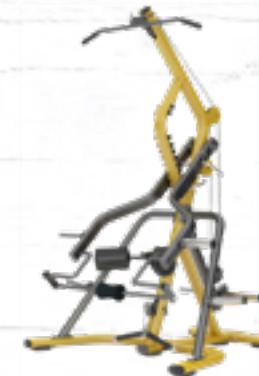
Machine Weight:350kg

**MND-TXD030**

3D 史密斯 3D Smith-Stainless steel

Size:2445\*2225\*2425mm

Machine Weight:113kg

**MND-C74**

综合训练器 Free Weight Multi-gym

Size:1510\*1440\*2125mm

Machine Weight:97kg

**MND-C75**

多功能平凳

3 IN 1 Multi-purpose Bench

Size:1329\*736\*511mm

Machine Weight:36kg

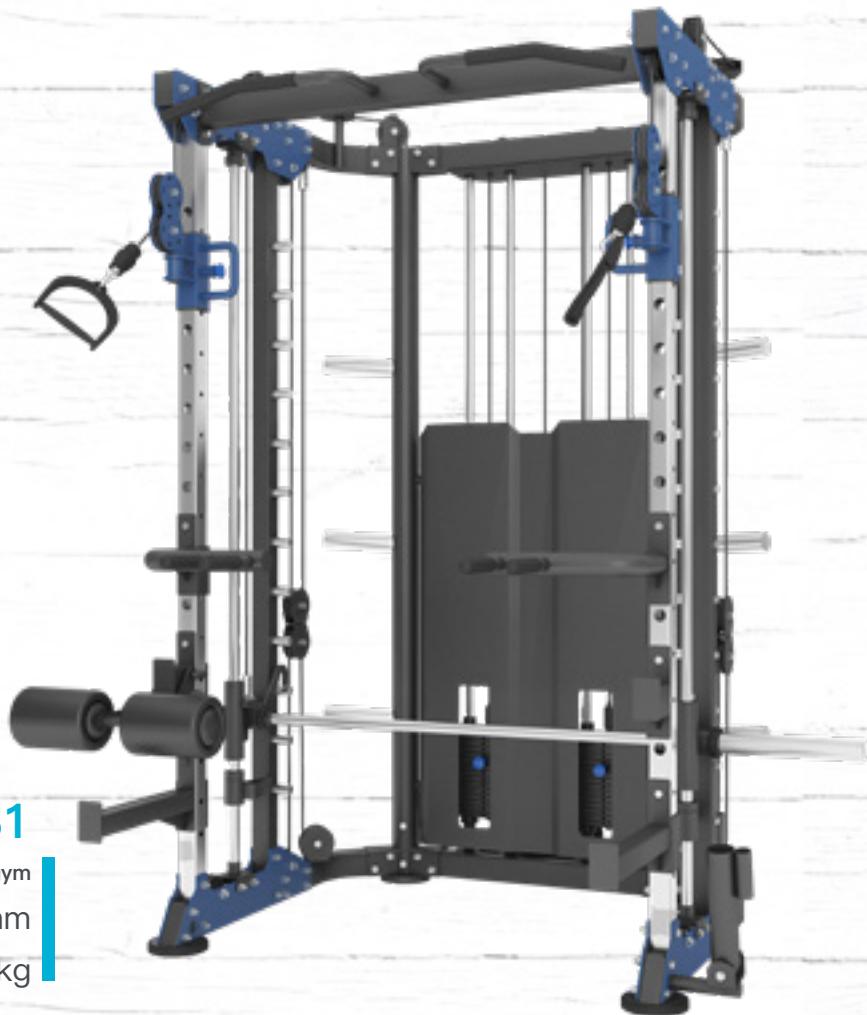


### MND-C80

综合训练器 Free Weight Muti-gym

Size:1958\*1700\*2202mm

Machine Weight:198kg



### MND-C81

综合训练器 Free Weight Muti-gym

Size:1470\*1960\*2230mm

Machine Weight:360kg



### MND-C90

综合训练器 Free Weight Multi-gym  
Size:2100\*1960\*2225mm  
Machine Weight:450kg



### MND-C83

可调式哑铃 Adjustable Dumbbell  
Size:435\*210\*200mm  
Machine Weight:25kg



### MND-C73

可调式哑铃  
Adjustable Dumbbell(1Pair+Bracket)  
Size:385\*340\*133mm  
Machine Weight:13.2kg